

MAY SUNRISE/SUNSET:

22 6:39 • 8:11 **23** 6:38 • 8:12 **24** 6:38 • 8:12 **25** 6:38 • 8:13 **26** 6:37 • 8:14 **27** 6:37 • 8:14

Girl Scout Troop 228 Donates Cookies To FISH Food Pantry



Emily Minoui, Liz Meardon, Kira Zautcke, Caitlin McCallion, Emily McCallion, Claire Minoui

ocal Girl Scouts sold 4,000 boxes of cookies in the Girl Scout cookie sales that take place from mid-February through March.

The troop recently presented FISH with a \$100 donation and 102 boxes of cookies that were donated through a cookie share program.

The FISH Walk-In Center is a designated United Way House that offers a variety of services to clients and houses the food pantry in partnership with Harry Chapin Food Bank of Southwest Florida.

Troop 228 also participated in Operation Cookie and collected donations to send 108 boxes of cookies to military personnel serving overseas.



Former Brooklyn Dodgers pitcher and Sanibel resident Jim Sprankle tosses out the first pitch during Islands Night in 2012 photo by Jeff Lysiak

Tickets Available For Islands Night

Free tickets are available for the 22nd annual Islands Night, which returns to Hammond Stadium at the CenturyLink Sports Complex on Wednesday, June 17. The Fort Myers Miracle will take on the Daytona Tortugas at 7:05 p.m. Pre-game festivities – including the traditional parade around the diamond, first pitch ceremony, little league player introductions and the singing of the national anthem – begin at 5:30 p.m.

Sponsors of Islands Night are giving away tickets to this year's game. In addition to Bailey's General Store and Bailey's Marketplace at Sundial Resort, tickets are available at the Sanibel and Captiva Islands Chamber of Commerce, the Sanibel Recreation Center, Doc Ford's Sanibel Rum Bar & Grille as well as other local business sponsors.



The San Cap Motor Club's Rims & Fins Auto Show and Sidewalk Sale will be held on May 23 at Periwinkle Place

San Cap Motor Club Auto Show And Sidewalk Sale Is This Saturday

The San Cap Motor Club is hosting a Memorial Day Celebration that is sure to get engines revving. The club is bringing in over 70 cars and motorcycles at the Rims & Fins Auto Show and Sidewalk Sale to be held at Periwinkle Place

Shops on Saturday, May 23 from 10 a.m. to 2 p.m. All donations go to the Clinic for the Rehabilitation of Wildlife (CROW). CROW staff and animal ambassadors will be on hand throughout the day.

Spend the day admiring retro classics, muscle cars, unique rides and exotic, high-end million dollar vehicles and vintage motorcycles. Fundraising activities include:

• The People's Choice Award for Best Car (\$1 per vote) along with first, second and third place prizes.

Door prizes will be raffled off every 15 minutes throughout the day (\$1 per ticket)
A 50/50 raffle drawing at the end of the day will be split between the winner and CROW.

San Cap Motor Club gear will be available for purchase. A 2 p.m. "cruise-off" will continued on page 4

What's Cooking at The House Summer Potlucks At The Community House

The Community House is hosting Summer Potlucks, where residents and guests can mingle and share their favorite recipes. The first one will be held on

Wednesday, May 27 at 6 p.m. and will feature an informal cooking presentation and sharing of ideas for the planned Community House kitchen.

Bring your favorite appetizer, salad, entrée or dessert (enough to serve six). It's BYOB, with water and coffee supplied by The Community House. It will be a chance to socialize with islanders and welcome new friends to The Community House.

On May 27, meet Chef Jarred Harris, former chef at The Sanctuary Golf Club (1999 to 2005). Harris will give a cooking demonstration on the preparation of fresh Florida fish and offer samples for guests. A graduate of Johnson and Wales University, Harris understands the relationship of quality food and preparation methods. He'll answer questions, offer suggestions and share shortcuts.

The Summer Potluck will also offer an opportunity to hear more about the House Kitchen Guild, a new group that brings together people with all types of food interests. Cooking, canning, growing, meal planning, entertaining, wine and spirits, and nutritional education are some of the ideas that are being discussed as possible directions for

28 6:37 • 8:15

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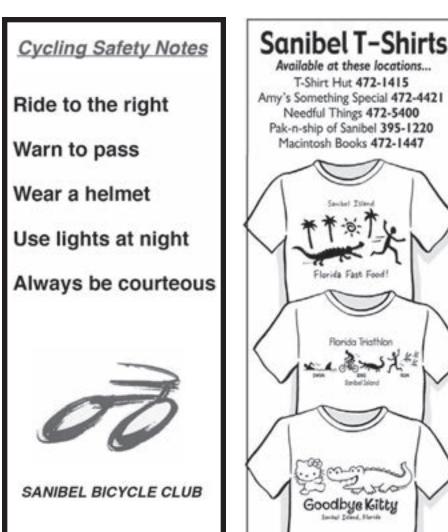
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Looking Back: The Carter Family



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is The Carter Family: James Carter, George Washington Carter, Elias knight Carter, Jesse Carter, Mrs. George W. Carter, Alpine Carter, mary Jane (Mamie) Carter, Tobe Bryant, Lawrence Sirman, Knight Sirman, Jim Sirman, Buddy Curry and Olive Curry. The Carters were the first homesteaders of the property that is now the South Seas Island Resort. photo archives of the Captiva Island Historical Society



WOW, what a wonderfully busy season!

And now we are gearing up for the next big run, giving way to the island tradition where everyone has fun, so...as "Coach" would say, "Let's play ball!"

...we'll start with a parade, add a few friends, throw in a baseball game and together we will have lots and lots of fun!



Wednesday, June 17th At the Lee County Sports Complex

Fort Myers Miracle vs. Daytona Tortugas

Gates Open: 5:30 PM • Parade Starts: 6:15 PM Game Start Time: 7:05 PM

Sign up to be a Sponsor today!

Your \$100 sponsorship helps support local charities that are important to us all, including helping our school kids. Don't be left out!

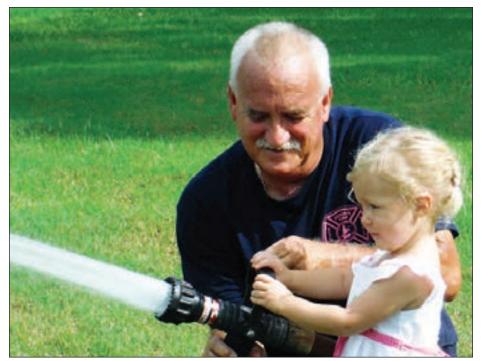
BUSINESSES AND INDIVIDUALS WELCOME

Call 472-1516 to reserve your spot today

Send your \$100 check payable to: Islands Night 2477 Periwinkle Way Sanibel, FL 33957

With heartfelt appreciation, we Thank You! The Committee of Sam Bailey's Islands Night

A Local Island Tradition



Ron Ritchie of the Sanibel Fire & Rescue District shows Kelyse Schafter how they put out fires

Preschool Safety Day Next Saturday

Sanibel Community Church is hosting a Preschool Safety Day for families of Sanibel and Captiva on Saturday, May 30 from 9 to 11 a.m. Local fire and police departments, the Sanibel-Captiva Lions Club and Summit Christian Preschool will be represented. There will be photo and fingerprinting kits for the children, car seat safety checks, instruction on "stranger danger," poison and general safety rules, eye screening and other activities. All families are welcome.

Sanibel Community Church is 1740 Periwinkle Way. For more information, contact Kathy at 472-2684.

From page 1 Auto Show



The Rims And Fins Auto Show will have over 70 cars and motorcycles on display

close the show.

In addition to superchargers and savings, The Blue Giraffe, Periwinkle Place's resident restaurant, will be serving Drive-In-style food and milkshakes.

Prior to the auto show, weekend festivities start on Saturday, May 23 at the annual Periwinkle Place Memorial Day Sidewalk Sale. Merchants throughout the shopping center will bring their merchandise out onto the open-air boardwalk and offer discounts, special offers and sales up to 50 percent off. Browse shops such as Chico's, Congress Jewelers, Cargo Trading Co., Fresh Produce and other specialty shops for a variety of unique gifts, brand name apparel, jewelry, art and unique items such as gourmet olive oils, sunglasses and soaps. The sale ends



on Sunday, May 24.

Periwinkle Place is located in the heart of Sanibel at 2075 Periwinkle Way.

The San Cap Motor Club's inaugural cruise-in was held in September 2014. For more information, contact Mike Stone at 322-0044 or mike@ sancapstone.com, or Scot Congress at 472-4177 or scot@scongress.com or visit www.sancapmotorclub.com.☆



Community House Will Serve As Start-Finish Line For FISH 10K Race



10K Race 4 FISH Committee member Pete Bender, committee co-chair Nancy Bender, committee co-chair and FISH Board Vice Chair Ed Ridlehoover, The Community House Executive Director Teresa Riska-Hall, Sanibel Community Association President Tom Sharbaugh and FISH Board Chair John Pryor

n Saturday, October 17, The Community House will serve as the start-finish line for the 7th annual 10K Race 4 FISH.

The event, which draws hundreds of runners, benefits FISH of Sanibel-Captiva, Inc., a non-profit organization dedicated to the mission of neighbors helping neighbors. It has positively impacted thousands of lives on the islands of Sanibel and Captiva throughout its 30-year history.

"The FISH organization provides crucial human services to those who are a part of the fabric of our community – from children to seniors in need," said The Community House Executive Director Teresa Riska-Hall said. "We, as a good neighbor, want to help them live independently and with dignity. It is our delight to assist FISH once again in that mission."

"We are pleased to have The Community House as one of the 10K Race Silver Sponsors," said FISH Board Vice Chair and 10K Race Committee co-chair Ed Ridlehoover. "It has been a great partner to our organization and fully serves our community."

There are a variety of 10K Race sponsorship slots remaining – Gold, Silver, Bronze or Friend. For Gold to Bronze sponsorships, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all banners and printed 10K materials. Friend sponsors will be included on all banners and 10K materials.

To become a sponsor, contact Nancy and Pete Bender at benderlaw@juno.com or call 472-5220. Deadline in September 15.%

Free Cruises For Veterans And Active Military Memorial Day Weekend

aptiva Cruises is honoring the men and women who have served our country by offering free admission for United States veterans on select cruises Memorial Day weekend, May 23, 24 and 25.

Veterans can choose a cruise to Cabbage Key and have a "cheeseburger in paradise" with a panoramic view of Pine Island Sound; or cruise to Useppa Island for lunch at the historic Collier Inn and tour the history museum (lunch not included in cruise price); or a Dolphin & Wildlife Adventure cruise offering participants the opportunity to cruise Pine Island Sound, the prime babitat of dolphins and other inter



the prime habitat of dolphins and other interesting wildlife.

Reservations are required for all cruises by calling 472-5300. Veterans must present a VA identification card or their DD214 papers to receive free admission. Current servicemen and women will also receive free admission by presenting an active military ID.

Open daily, Captiva Cruises is located at McCarthy's Marina, 11401 Andy Rosse Lane, and South Seas Island Resort on Captiva Island. Captiva Cruises offers sunset, wildlife, shelling, and island cruises to Cayo Costa, Useppa, Cabbage Key and Boca Grande as well as private charters. For more information call 472-5300 or visit www. captivacruises.com.



Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The Center 4 Life will be closed Monday, May 25 in observance of the Memorial Day holiday.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book on Wednesday, June 10 is *Atonement* by Ian McEwan. Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

Friday Collage Classes with Bea Pappas – June 5, 12, 19 and 26, 12:30 to 3:30 p.m. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

Sunset Social on the Causeway – Tuesday, May 26, 6:30 p.m. Enjoy an evening relaxing and watching the sunset with friends. Meet on the causeway at 6:30 p.m. and bring an appetizer to share. Bring your beach chair. The gathering will be on the first island on your left as you are leaving Sanibel. Look for

the Island Seniors banner (weather permitting).

Chicago Cubs vs. Miami Marlins – Monday, June 1. Cost is \$89 for members, \$99 for non-members. Includes round trip transportation, reserved seating, all-you-can-eat hotdogs, soda, popcorn and bottled water. Check out the Marlins new stadium with a retractable roof, located in the heart of Miami. Depart from Fort Myers at 2:30 p.m. Sign up early to reserve your seat.

Leisure Luncher's – Wednesday, June 3, Church Basement Ladies at Broadway Palm Dinner Theater. Lunch at 11:45 a.m. and show at 1:15 pm. Members are \$51, non-members are \$56. The ever popular Church Basement Ladies are back to serve up some laughs. From the senior matriarch of the kitchen to the bride-to-be learning to arrange things in proper order, everyone will recognize the humorous and down-to-earth characters. Added is a little romantic stir for the new pastor, and the outcome is heavenly entertainment. Register by Friday, May 22.

Calling All Fishermen And Fisherwomen – Tuesday, June 9. Grab your hat and sunglasses for the 1st annual Island Seniors Fishing Tournament. Depart from Port Sanibel Marina aboard the Miss Paradise at 9 a.m. and return to the dock around noon. Drinks and snacks will be provided. Prizes will be awarded for biggest fish, most fish caught, and other categories. Cost is \$55 for members and \$65 for non-members. Get your friends together for a fun filled day out on the water. Awards will be presented during lunch at SS Hookers following the trip. Stop by the center to reserve your seat or call for more information.

Christmas Tour to Charleston – November 30 to December 5. Includes round trip transportation, five nights of accommodations (three in Charleston, one in St. Augustine, one in Savannah) all in the historic districts, 11 meals (five breakfasts, one lunch, five dinners). Charleston Plantation Tour, Charleston Historic tour including the Citadel and Rainbow Row, St. Augustine live musical Christmas Show at The Savannah Theater and other attractions. Space is limited and payment secures your reservation. Members are \$1,049 per person double occupancy, \$1,449 single. Nonmembers are \$1,109 per person double occupancy, \$1,509 single. A deposit of \$100 secures your spot, with remaining balance due by October 30.

Games

Bridge – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday and Thursday Kayaking – May 26 and June 2 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

The Center 4 Life will be closed Monday, May 25 in observance of the Memorial Day holiday. Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. (11 a.m. class available through May 22). Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.



Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.

Passport Saturday At Lee Clerk Of Court's Office

The Lee County Clerk of Court's Recording Office will be open on Saturday, May 23 to process passport applications. The Lee County Administration Building, located at 2115 Second Street, 2nd Floor in Fort Myers, will be open from 9 a.m. to 3 p.m.

will be open from 9 a.m. to 3 p.m. This is a special benefit for families with children, since children 15 and under must apply with both parents. Also, minors between the ages of 16 and 17 must apply with at least one parent present. The special Saturday opening allows families to apply for passports in time for summer vacation without missing work or school time.

No appointments are necessary. Regular passport service turnaround time is approximately four to six weeks. Expedited passport service turnaround time is approximately two to three weeks.

For more information on applications, what documentation you need to bring, and fees, go to www.leeclerk.org and select Passports or call 533-5007.*

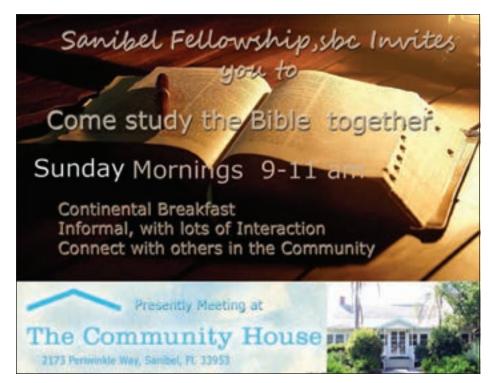
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Service Organizations Provide Update On Human Trafficking



Yaro Garcia, clinical director for ACT; Karen Curtiss, executive assistant for HTAP; and Zontians Barbara Beran, Sue Merrick, Orlene Shimberg, Judy Baran and Nancy Dreher

A s the busy season ends on Sanibel, service organizations that work to reduce the terrible effects of human trafficking are still hard at work. Human Trafficking Awareness Partnerships (HTAP) and Abuse Counseling and Treatment, Inc. (ACT), with the support of the Zonta Club of Sanibel-Captiva, presented an update at the Sanibel Public Library on May 7. As service partners of Zonta, both organizations receive financial and volunteer support.

HTAP director, Zontian Nola Theiss, explained the extent of human trafficking in Southwest Florida and educational efforts designed to combat it. Then came a first-hand account from a survivor, whose story helped authorities bust one of the largest human trafficking rings in Florida history.

She was introduced by Yaro Garcia, clinical director for ACT, who first identified "Lori" (not her real name) as a victim of human trafficking. Held in captivity for several years, she escaped in 2010 and found her way to ACT.

Lori brought the room full of listeners – including grown men – to tears. Her story included forced prostitution, rape, threats of violence against her children and her mother, and the birth of a daughter fathered by one of the traffickers. The infant was taken from her but was later recovered in a foreign country with the help of Garcia and federal and international authorities.

Lori's escape and subsequent treatment at ACT, which provides shelter and counseling for victims of domestic abuse in Lee, Hendry and Charlotte counties, is the foundation of a case being built against what authorities say is a massive human trafficking ring operating in Florida and possibly other states. Lori says she is driven to tell her story in order to alert the public to the existence of human trafficking. "I cannot let ignorance be a factor," she said. "Know that this is real. This is happening." Sadly, said Garcia, Lori's experience is shared by thousands of victims held in forced servitude in Elorida alone in a

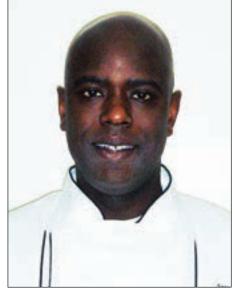
Sadly, said Garcia, Lori's experience is shared by thousands of victims held in forced servitude in Florida alone, in a criminal enterprise that is low risk and highly profitable. "Drug dealers sell drugs just one time, but a human being, you can sell many times," she said. A trafficker can make \$250,000 per year from just one victim while the conviction rate hovers around three percent.

Leading the field are groups like HTAP, which provides awareness and

prevention programs such as Point of Contact/Point of Rescue – helping business owners and medical providers to identify victims who may be afraid to ask for help – and ACT, which sheltered 600 women and children in Lee County in 2014 and provided nonresidential counseling services to 9,000 more. Zonta volunteers assist HTAP with programs like ArtReach, which targets teens through interactive creative arts; and ACT with workshops that help victims of domestic abuse transition to independent living.

For more information, visit www. humantraffickingawareness.org. For information about the Zonta Club of Sanibel-Captiva, visit www.zontasancap.com.

From page 1 Summer Potlucks



Chef Jarred Harris

future presentations. There is so much interest in this, staff decided to get started this summer and craft a calendar of events for the fall.

An overview of the plans for redevelopment of The Community House will also be available at the potluck. Be the first to see what the 2016 remodel will include, like a large commercial kitchen where a passion for food can become reality.

Although this is a free event, reservations are appreciated for planning purposes. Call The Community House office at 472-2155. Watch for this ongoing *What's Cooking at The House* column for happenings, recipes and activities.

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`Ding' Tarpon Tournament Breaks Records



Fishing teams take off at first light on Saturday, May 9 photos courtesy of "Ding" Darling Wildlife Society

The 4th annual "Ding" Darling & Doc Ford's Tarpon Tournament on May 9 topped last year's fundraising efforts by netting more than \$50,000 from tournament sponsorships, donations and silent auction proceeds to benefit the IN "Ding" Darling National Wildlife Refuge. The tournament also paid out a record

JN "Ding" Darling National Wildlife Refuge. The tournament also paid out a recordbreaking purse of \$25,375 to five of 48 participating teams. "One hundred percent of the anglers' registration fees goes to the awards purse,"

said tournament chair Don Wildman, a member of the board of directors for the



Marty Harrity, co-owner of Doc Ford's Rum Bar & Grille, tournament title sponsor, with Don Wildman, tournament chair for "Ding" Darling Wildlife Society



Team Lobster Lady's Mark Sperrow with his "silver king" catch



Team 'Tween Waters Marina's Mark Willis mugs with his catch. The catch, care, and release tournament required photos and videos to verify catches.



Team Fishin Divas' Lauren Thomas won the Female Angler Award



Team Raiser's Edge, also a tourney sponsor: Jay Brown, David Raisbeck, Jim Stevens, Bruce Gurall, Nelson Diaz and Tracy Walters



Marty Harrity (second from right), co-owner of Doc Ford's, tournament title sponsor, with Team Fishing & Chips, a team of journalists from the UK and Denmark, that placed fifth in the winnings



Team Whitney's Bait & Tackle, also a tournament sponsor: Whitney Jones, Jarrett Jones, Dave Klemt and Jim Bryan

"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). "That's why our sponsorship partners are so important to us. They pay the costs for putting on the tourney and contribute to the charity proceeds."

DDWS hosted the tournament along with Doc Ford's Rum Bar & Grille of Sanibel Island, Fort Myers Beach and Captiva Island. Tournament social events took place at the Fort Myers Beach location.

"We can't thank Doc Ford's enough for their incredible show of support these past four years," said Birgie Miller, event organizer and DDWS executive director. "They've already committed for the 2016 tourney along with our presenting sponsor, Diversified



Team AIMS' John Santoro brings a whopper boatside



The Captain's Meeting on Friday evening featured food, drink and a silent auction at Doc Ford's Rum Bar & Grille on Fort Myers Beach



Team Sportfisha.com took first place, winning \$11,418.75. Team members include John Landry, Jeff Cacia, Mike Ranalletta and Bob Ranalletta.

Yacht Services."

Team Sportfisha.com took home a check for \$11,418.75 for first place. Other placers included Team Organized Chaos in second place, Doc Ford's in third, Team 'Tween Waters Marina in fourth, and Team Fishing & Chips in fifth. Teams Organized Chaos and Fishing & Chips donated a portion of their winnings to DDWS; another anonymous angler donated \$2,500.

Reporter Paul O'Hare, a member of the European media team Fishing & Chips, called the tournament "a truly unforgettable weekend." He wrote: "Saturday was one of the more memorable days of my life... We were made very welcome by our fellow competitors and to have been part of such a great tournament is something I will always cherish."

"We call it a 'catch, care, and release' tournament because education and research are at the forefront of the event's mission," said Wildman.

Next year's 5th annual tournament will be held May 6 and 7. For more information on the tournament and this year's winners, visit dingdarlingsociety.org/tarpon-tourney. Tournament sponsors for 2015 included: Title Sponsor – Dec Ford's Directifi

Tournament sponsors for 2015 included: Title Sponsor – Doc Ford's; Presenting Sponsor – Diversified Yacht Services; Platinum Sponsors – Sanibel Bean, *Florida Weekly*, Sanibel Gear, Suncoast Beverage; Gold Sponsors – Anisa Jewelry, Andrew Thompson Co., Bella Signs & Designs, Captiva Diva, Congress Jewelers, Fort Myers



Team "Ding": DDWS Associate Director Sarah Lathrop, interns Kasey Robb and Dana Sousa, and DDWS Executive Director Birgie Miller worked tirelessly to pull off the 4th annual tournament

Marine, Happy Foods, Jensen's Marina & Cottages, Holiday Inn Sanibel Island, *Island Sun/River Weekly News*, Law Office of Janet Strickland PA, Lee County Sports Authority, Media Source, Raiser's Edge, Sanibel Captiva Community Bank, Sanibel Island Fishing Club, Whitney's Bait & Tackle; Silver Sponsors – Bailey's General Store, Bass Pro Shops, Dr. Glen Gresham, Half-CrackerPhoto.com, *Island Sand Paper*, Must Do Visitor Guides & MustDo.com, Sanibel Island Fishing Club, Semmer Electric/ Bonita Bill's, Vasanta Senerat, CPA, PA, Shoreline Lumber, Don and Ann-Marie Wildman, Yolo Watersports.

As a non-profit 501(c)3 organization, DDWS works to support JN "Ding" Darling National Wildlife Refuge's mission of conservation, wildlife and habitat protection, research and public education through charitable donations and Refuge Nature Shop proceeds.



Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.

Banner Membership Year For Sanibel-Captiva Rotary Club



From left, James Davis, Janet Strickland, Michelle Tifft and Eldon Bohrofen

The Sanibel-Captiva Rotary Membership Committee has processed 12 new membership applications, interviews and inductions during Rotary Year (July 2014 through July 2015) under the leadership of current Club President Bill Rahe and Membership Committee Chairs Janet Strickland and new Membership Chair James Davis.

Just a week ago, the club officially inducted its two newest members:

Eldon Bohrofen, now living full-time in Florida, who recently moved to Shell Point with his wife, Judy. The Bohrofens moved here from Wisconsin, where Eldon was a member of the Sheboygan, Wisconsin Rotary Club for 41 years, serving with a turn holding the club gavel as Past President. Rotary Classification – Attorney. Sponsor – James Davis

Michele Tiff, advertising executive with *The Islander*, is new to Rotary but a strong volunteer organizer at her church. She has done volunteer work for Mission of Hope, which lead to her first mission trip to Haiti two years ago and hopes to be return there soon. Rotary Classification – Advertising. Sponsor – Janet Strickland

This year's 12 new members, in order of induction, are Rich Mattern, James Davis,

Jim Young, Cindy DeCosta, Paul Prestia, Jerry Gorby, Greg Scherer, Ty Symvoski, Bill Taylor, Jack Kuhn, Eldon Bohrofen and Michelle Tifft.

Sanibel-Captiva Rotary always welcomes inquiries regarding membership by contacting Membership Chair James Davis at papadoc1210@aol.com or – better yet – just come to one of our Friday morning breakfast meetings at The Dunes Golf & Tennis Club on Sanibel beginning at 7 a.m. Introduce yourself and the breakfast is on us.

Sanibel-Captiva Renourishment Project Monitoring Has Begun

The annual physical monitoring of the 2013-14 Sanibel and Captiva Islands Beach Renourishment Project began May 18. The purpose of the monitoring is to evaluate the performance and effectiveness of the project. Although you may see a boat hovering off the beach, there will be no disruption to beachgoers.

Required by the Florida Department of Environmental Projection, monitoring surveys are conducted annually for a period of three years after project completion and then biennially until the next beach nourishment event or the expiration of the project design life. The project began October 7, 2013 and was completed on December 26, 2013.

The work is being done by CB&I Coastal Planning & Engineering, Inc. using a 24-foot survey vessel loaded with the latest hi-tech survey and monitoring gear. Topographic and bathymetric profile surveys of the beach and offshore are conducted. Survey and engineering reports summarize and discuss the data, the performance of the beach fill project, and identify erosion and accretion patterns within the monitored area. Results are analyzed for patterns, trends, or changes between annual surveys and cumulatively since project construction.

In addition, the report will contain a comparative review of project performance to performance expectations and identification of adverse effects attributable to the project. The report specifically includes:

• the volume and percentage of advance nourishment lost since the last beach nourishment project;

 \bullet the most recent Mean High Water (MHW) shoreline positions in comparison with the design profile;

• the MHW shoreline position changes relative to the pre-construction survey;

• the total measured remaining sand volume in comparison with the total predicted remaining volume above the MHW Line and above the Depth of Closure for the entire project area over the successive monitoring periods;

• and other shoreline position and volumetric analysis deemed useful in assessing, with quantitative measurements, the performance of the project.

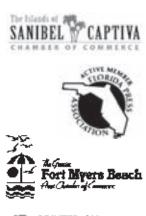
Questions should be directed to CEPD (Captiva Erosion Prevention District) by calling 472-2472, or by emailing mycepd@mycepd.com.

For more information, visit http://www.mycepd.com/docs/articles/270/Project_ Monitoring_to_Begin_May_18.pdf.

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Republican Women June Dinner Meeting

The Lee Republican Women will hold their next meeting on Monday, June 8 at The Edison Restaurant Bar & Banquet Center, 3583 McGregor Boulevard in Fort Myers. Social time will begin at 5:15 p.m. followed by dinner and the program. Cynthia Henderson, president of the Florida Federation of Republican Women, is the guest speaker.

Henderson is a lawyer and lobbyist. She She is past president of the Tallahassee Republican Women's Club Federated and state committeewomen from Leon County. She practiced land use and environmental law throughout the state of Florida before she was honored to serve in Governor Jeb Bush's cabinet as secretary of the Department of Business and Professional Regulation then secretary of the Department of Management Services. She is active in community interests and organizations such as Dress for Success and the Carson Springs Wildlife Foundation.

The meeting is open to the public. Cost is \$22. RSVP online at http://www.leere-

publicanwomen.com/events/reservations/, email rmh738@aol.com or call 432-9389.%

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Cynthia Henderson

Hurricane Seminar May 29

The City of Sanibel will sponsor the 2015 Hurricane Seminar in an effort to educate the residents, property owners, business owners and island workers. The seminar will be held at BIG ARTS, 900 Dunlop Road, on Friday, May 29 from 1 to 3 p.m. There is no cost to attend and reservations are not required.

It is important to take the time to attend this seminar to ensure that you receive all the current information in the city's hurricane plan. Main topics to be discussed will be the 2015 hurricane predictions, family hurricane planning, the use of social media in emergencies and City of Sanibel Building Codes.

Sanibel hurricane re-entry permits will be available for residents and businesses. For requirements, visit the Police Department section of the city website at www.mysanibel.com. The 2012 hurricane re-entry passes are still valid and in use.

Dave Roberts, the City of Sanibel's weather consultant, will provide weather

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related information on hurricane formation, dangers associated with different categories of hurricanes and the dangers of storm surge.

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Jim Bjostad, Lee County Emergency Management program manager, will review Lee County's responsibilities and go over hurricane planning for families.

Sandra Tapfumaneyi, Lee County Emergency Management operations section chief, will discuss the role of social media in emergency management.

Harold Law, City of Sanibel building official, will review city building codes.

Lt. William Dalton, Sanibel Police Department, City of Sanibel Emergency Management director, will be there for any other questions and answers.

Sanibel Chief of Police William Tomlinson will be in attendance and available to residents, businesses and the community for any other discussions.

If you have any questions, contact Emergency Management Specialist Lance Henninger at 472- 3111 ext. 234.45

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Churches/ Temples

ORTHODOX CHURCH: 8210 Cypress Lake Drive, Fort Myers Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study www.orthodox-faith.com, 481-2099 BAT YAM-TEMPLE OF THE ISLANDS: The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544. CAPTIVA CHAPEL BY THE SEA: The Reverend George E. Morris Services every Sunday 11 a.m. through

Services every Sunday 11 a.m. through April 26, 2015. 11580 Chapin Lane on Captiva. 472-1646. **FIRST CHURCH OF CHRIST, SCIENTIST:**

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

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SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST: 2050 Periwinkle Way 472-0497





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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel, 10 a.m. Full Service with Sunday school and nursery care provided. Elevator access. **ST. ISABEL CATHOLIC CHURCH:** 3559 San-Cap Rd., 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30 a.m. Communion Service Mon. and Tues. 8:30 a.m. Holy Days call. **ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:** 5 p.m. Saturday Eucharist, 9:30 a.m Sunday Eucharist, 9:30 a.m Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9

School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 472-2173, www.saintmichaels-sanibel.org UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi39@aol.com.org

Learning To Read



Lilly Hall and Daniel Tison share reading a book at Summit Christian Preschool

Five-year-old Lilly Hall helped her friend, Daniel Tison, read beginning books at Summit Christian Preschool located at Sanibel Community Church, 1740 Periwinkle Way. Children have learned their alphabet, sounds and sight words. What a wonderful achievement when they put these all together and begin to read on their own.

Fall enrollment for 3- and 4-year-old VPK is now open. To find out more information or to register, call the main campus at 482-7007.*

Send your editorial copy to: press@islandsunnews.com



Some of the 2-year-old students at Sanibel Christian Preschool play while building their motor skills and learning to identify colors and shapes

Preschool Offers A Variety Of Programs

Sanibel Christian Preschool, a ministry of Sanibel Congregational United Church of Christ, offers weekly programs, both three and five days a week, for 2- and 3-year-old students, as well as a 4-year-old VPK program five days a week. All programs are based on the basic assumption that each student is a beloved child of God. Small classes are led by trained teachers who offer developmentally appropriate lessons to nurture the spiritual, emotional, physical, intellectual and artistic needs of each student.

For registration forms, financial assistance and other information, call 472-0497 or check out the Preschool section at www.sanibelucc.org.

Sanibel Congregational United Church of Christ is at 2050 Periwinkle Way.

Socialization Grows Through FISH Friendly Faces Luncheon



FISH Friendly Faces luncheon participants

The FISH of Sanibel-Captiva, Inc. Friendly Faces luncheon is just that – a luncheon surrounded by friendly faces. Everyone from the FISH volunteer who greets the attendees at the door, the George & Wendy's Seafood Grille wait staff and, of course, those who attend the luncheon have a smile on their face and stories to share. On the second Tuesday of each month, year-round, FISH sponsors a luncheon in partnership with George & Wendy's Seafood Grille. The price fixed lunch – consisting of an entrée, side dish, non-alcoholic drink and



Robin Krivanek and Dorothy Jurs

dessert – is an amazing deal. But what's better than that is the opportunity to meet new friends and reconnect with old ones.

"I have been to many of the luncheons and have always had a great time," said lunch attendee Dorothy Jurs. "Two months ago, I had lunch with a woman and her husband whom I had met at an exercise class for those with Parkinson's disease. It was good to touch base with her again. Being at the Friendly Faces luncheon is a wonderful way to spend an hour or two on a Tuesday afternoon."

Friendly Faces is open to the community. Inquiries or reservations can be made by calling Maggie Goldsmith at the FISH Walk-In Center at 472-4775.*

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ground in education is not mandatory. For more information, call the Chidlren's Education Center of the Islands at 472-4538.

Call For Artists Open Themed Exhibit At ACT

rts for ACT Gallery in Downtown Fort Myers is in need of professional and emerging artists for its open themed group exhibit that will open on Friday, July 3 at 2265 First Street in downtown Fort Myers.

Artists will choose from three themes. Themes may be mixed. Acceptable works include fine art, jewelry, ceramics, fiber and designer wear and unique artsy fine crafts.

The themes are:

1. Tiny Art – 2D or 3D any medium but created work can not be larger than 40 centimeters or 15.75 inches in any direction

2. National Identity – Any medium, inspired by your country. National colors, icons or flags could be used.

3. Anything Goes With A Feather -Any medium works but you must incorporate a feather(s) in the work.

The artists entry fee for one piece is \$10, two pieces \$15 and three pieces cost \$20.

Cash prizes include \$100 for first place, \$75 for second place, \$50 for third place and \$250 for an honorable mention. Exhibits will be showcased in the three exhibiting gallery rooms and the judge is to be announced.

Artists may drop off works to be juried on Monday, June 22 through Saturday, June 27. Art rejected must be picked up on Monday, June 29.

A 40 percent commission will be retained by Arts for ACT Gallery, with proceeds benefitting the ACT Shelter

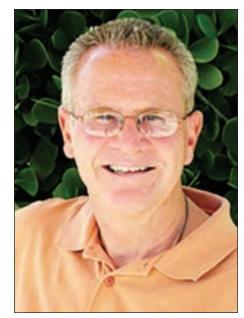
Artists must pick up unsold art on August 3 from 11 a.m. to 5 p.m. Contact Claudia at the ACT Gallery

via email at cgoode@actabuse.com or by calling 337-5050 with any questions.☆

Bible Study And Group Discussion[']Series

eginning Thursday, May 28 at noon, all are invited to a verse by verse study of the Epistles of John and Jude at Sanibel Community Church. Senior Pastor Dr. Daryl Donovan will serve as instructor of this eight-week series featuring a simplified inductive method of Bible study and small group discussion. A light "grab and go" lunch is available at the Carpenter's Café on the church campus, or feel free to bring your own brown bag lunch. The course is free and open to all.

Sanibel Community Church is an evangelical non-denominational congregation, serving residents of all ages. It is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit www.sanibelchurch.com.☆



Pastor Daryl Donovan

CECI Offers College Level Internship



Riley Sullivan

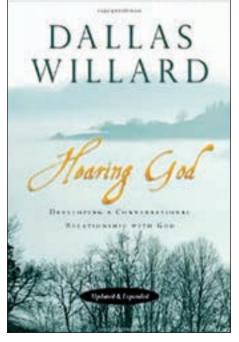
he Children's Education Center of the Islands is offering an internship designed for college level individuals or recent graduates interested in working in the non-profit sector or early childhood education sector. The intern will be exposed to a wide variety of work including - but not limited to - social media, marketing and public relations, advocacy, fundraising and early education teaching program development. This position is a summer position, working an estimate of 20 hours per week and designed to meet the academic needs and learning experience of the intern. It will run June though the beginning of August. The number of weeks and hours are negotiable. This is a non-paying internship, however, the experience in this non-profit setting will be a highlight on your resume.

The Children's Education Center of the Islands is looking to recruit a dedicated, self-starting, creative individual who has strong interpersonal skills. Computer skills with knowledge of social media, PowerPoint, Word and other computer software is a plus. An interest in or back-

Video Series At Community Church

🕇 eginning on Wednesday, May 27 at 6 p.m., Dr. Daryl Donovan, Desenior pastor of Sanibel Community Church, will facilitate a six-week video series featuring Dallas Willard and Richard Foster entitled *Hearing God*. The theme of the course is developing a conversational relationship with God. Each session will include a light dinner, followed by a short video, and then small group discussion. The course is free and open to all.

Sanibel Community Church is an evangelical non-denominational congregation, having served Sanibel for more than 100 years. It is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit www.sanibelchurch.com.举



Art 4 Freedom Is This Saturday

'uman Trafficking Awareness Partnerships (HTAP), Zonta Club of Sanibel-Captiva, the Sanibel Community Association and Traders Restaurant are co-hosting an event celebrating the art of young people who have joined the fight against human trafficking in Southwest Florida.

The Art 4 Freedom family event will take place at The Community House, located at 2173 Periwinkle Way on Sanibel, from 5 to 7 p.m. on Saturday, May 23. All are welcome.

Over 50 large paintings created over the last five years by local students at many locations from Sanibel to Dunbar, North Fort Myers to Bonita Springs, will be displayed. Students from the Cypress



Students who participated in last year's Harlem Heights Summer Program

Lake Center for the Arts theater class will be performing scenes from an original play written at the center. Mastersinger students will be performing anti-slavery songs from the past to the present every half hour. Other opportunities to get involved in the fight against trafficking will

be offered.

A silent auction of items from local businesses and artisans will be held Refreshments will be provided by the Traders Restaurant. Proceeds from the cash bar will be donated to HTAP.

The suggested admission donation for

adults is \$10, no charge for children. This is an opportunity to learn about human trafficking and how you can become involved in the fight against human trafficking.☆



Library board members and staff, city officials and staff and invited guests took part in the ribbon-cutting ceremony at the Sanibel Public Library's new paver parking lot on Tuesday morning

New Paver Parking Lot Dedicated At Library

by Jeff Lysiak

The recently completed parking lot, refurbished with permeable pavers, was officially dedicated on Tuesday morning in front of the Sanibel Public Library, with several members of the library's board of commissioners and staff, city

council members and local dignitaries in attendance.

"People have been talking about how beautiful it is, and how much safer it is for walking and biking," said Margaret Mohundro, library director. "And there's been a remarkable amount of dust that's been cut down."

The \$45,000 project, which was completed earlier this month, was a collaborative effort between the city and the library, since the parking lot connects the library and city hall. The Sanibel Public Library Foundation contributed \$29,000 of the cost, with the city paying the remaining \$16,000.

continued on page 26



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Rotary Happenings

submitted by Shirley Jewell

Sanibel-Captiva Rotarians took a road trip last Friday morning. However, we didn't go far. As they say in Maine, we went up the road and around



the corner... to Captiva and the South Seas Island Resort for our Rotary District 6960 District Conference. Rotary District 6960 covers eight counties – Collier, Lee, Hendry, Charlotte, Glades, Sarasota, Desoto and Manatee – in Southwest Florida and includes 50 local clubs. Each year, District Officers invite all Rotary Club members to join them on a four-day celebration highlighting the amazing activities and goals members have accomplished during the current Rotary year, July 2014 to July 2015, and recognition of the Rotary motto "Service Above Self" member activities

"Service Above Self" member activities. South Seas was the perfect setting for Rotary District 6960 Governor Pete Doragh's welcoming reception on the first evening of the conference. A perfect sunset luau on the beach, sponsored partly by our San-Cap Rotary Club, provided the warm and friendly atmosphere of the conference. The group, of course, would focus on some serious and informative topics later in planetary breakout sessions



Rotarians Chet Sadler and Janet Strickland serve as flag bearers

during the four days, but there was plenty of time to enjoy fun, friendship, fellowship and networking before and after each days' formal sessions, which focused on Rotary projects and how Rotary International encourages clubs to work together on many international activities. I can't really tell you too much about the real fun stuff – you know what happens at South Seas stays at South Seas – but I will tell you when the Rotary Rocks band plays, the place is thumping.

Sanibel-Captiva Rotary hosted Friday morning's formal welcoming session breakfast meeting. Believe or not, there actually were attendees at breakfast. Maybe some attendees were there more in body than in mind. The session was pretty early after some late night partying... and by late, I mean a little beyond Sanibel midnight.

After breakfast, San-Cap Rotary



Rotary District Gov. Pete Doragh and Dr. Todd Golde of the University of Florida

President Bill Rahe proceeded to ring the opening bell on the first full day of formal activities at the conference. The room then came alive with the emotional arrival of the Polio Torch and an amazing parade of Rotary Club flags marching in and reminding us of how working together, Rotarians throughout the world can make a difference in the lives of so many... whether we are putting our focus on the eradication of polio or helping local school children with educational or literacy programs. Standing together makes us stronger.

Rahe then turned over the session to Rotary District 6960 Governor Pete Dorah for his welcoming announcements and the introduction of Rotary International President Gary C.K. Huang's representative to the conference, Dr. Marimuthu Natarajan from India, District 2980. With just a few



Sanibel-Captiva Rotary President Bill Rahe

short words from Dr. Natarajan of encouragement and appreciation of service to Rotary, it was back to the podium for Rahe and the introduction of Dr. Todd Golde, professor of Neuroscience and department chair at the University of Florida, directing the Center for Translational Research in Neurodegenerative Disease. Dr. Golde spoke about research being done in the academic world regarding Alzheimer's disease. This research is funded by organizations such as Rotary.

In last week's *Rotary Happenings* column, I had a great deal of information about the CART fund and raising funds to provide seed money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer's continued on page 29





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No Child Left On Shore Program Offered By Captiva Cruises, SCCF



Richard Finkel of Captiva Cruises and students from Lexington Middle School enjoy a tour on the *Playtime*, beach combing and learning about coastal wildlife and ecology

Seventh and eighth grade students from Lexington Middle School enjoyed a field trip to Cayo Costa State Park with Captiva Cruises and the Sanibel-Captiva Conservation Foundation on April 25 for the No Child Left On Shore, an environmental education outreach program.

Many of the students have never experienced the excitement of watching dolphins, collecting shells or putting their hands in the sand. Captiva Cruises and SCCF have partnered together to create the program, where the beach and the water become



Learning about coastal wildlife and ecology



a classroom. Students wade in shallow waters to observe marine wildlife as well as enjoy hands-on outdoor education activities both on the boat and the beach.

"For many students, this is their first experience on a boat and several have never been to the beach," said Richard Finkel of Captiva Cruises. "It is exciting to watch the students spot a dolphin for the first time and observe marine life they have only read about in books."

Additional No Child Left On Shore programs have been scheduled for June and July. For more information about the program or to sponsor a field trip, call Captiva Cruises at 472-5300.*

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Tarpon Patience

by Capt. Matt Mitchell

Taking a little break fromtarpon fishing for two days this week, I guided some long time clients for snook. One day the action was awesome and fast paced, then the next day we had to work at it a little harder, but both trips went well with snook caught in a variety of places. It felt good to put clients on

good numbers of fish after a few

weeks of chasing the generally much less cooperative tarpon. The fastest paced catch and release snook bite, not surprisingly, was still going on in the passes during the low incoming tide.

Moving out from the congested passes by the middle of the incoming tide and into the back country, we caught more snook. Live chumming these mangrove creek snook and sight casting shiners to the pops was the fan favorite. Watching and hearing these snook explode on live shiners is just fun fishing and has to be experienced. Most of these creek-dwelling snook are only 22 to 26 inches long but are in such tight quarters, you have to be really on your game to steer them out from the roots and overhangs. To wrap up both mornings of snook fishing and to catch them in some other terrain, we moved on to the oyster bars in the middle sound. I like to work these bars right as the tide is topping out and pitch baits into the white sandholes against and around the perimeter of these bars. Bouncing from bar to bar, we caught a few snook here and there with no one bar being really on fire.

Early in the week, tarpon conditions were near perfect with super light east winds. Finding good numbers of rolling tarpon in the eastern sound, we set up on them for a few hours, with only two hook ups being the best I could do on a morning trip. Going one for two on tarpon two days in a row is not a bad thing but with lots of rolling and free jumping, fish action should have been much better.

Both Crystal and Martin Moulder of Sanibel caught their first tarpon while fishing with me this week. Crystal caught hers on day one, this estimated 130-pound fish was our first bite of the day and took an hour and seven minutes to bring to the boat for the leader touch. Martin caught his day two with this high flying estimated 70-pounder making some crazy jumps and an outstanding ariel display. We also caught a variety of sharks on both days that passed the time while waiting for the real deal. During both trips, we had a shot at one more tarpon but neither one stayed hooked up for long.

Tarpon fishing had been pretty consistent, with most

trips at least getting a hook up or two until the weekend when the fish all but disappeared. I'm yet to have a crazy hot tarpon. A few windy days towards the end of the week did not make things any better, adding lots of floating grass to the equation. Crabs and cut baits had been what was working best for me. The amount of anglers set up tarpon fishing along the beach on Captiva over the weekend was crazy. It seemed like there were more boats than fish.

Being successful at tarpon fishing is often all about patience and being ready when you do get that bite. One morning this week after landing a tarpon, we sat in this same spot in the sound for another hour before we decided to move on. After anchoring up at this new location, I baited the first rod with a crab, made a long cast and handed it to



Martin Moulder's first tarpon caught while fishing with Capt. Matt Mitchell this week

my client. Before I could even get the second rod baited up, he had been bit, this tarpon had crushed the crab, jumped and spit the hook within 30 seconds of the bait hitting the water. Finishing up the morning in this same location, we never had another bite. You never know when you're going to get a shot at it. Sometimes it happens fast, other times it takes much longer.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.*



Send Us Your Fish Tales The Island Sun would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

CLEAR YOUR GEAR It Catches More Than Fish



crow case of the week: Cottontail Attacked By Cat



by Patricia Molloy

The Eastern cottontail (*Sylvilagus floridanus*) is a wild rabbit found throughout North and South America. Highly adaptable, they can survive in warm and cold climates, and will simply move to a more suitable environment if food becomes scarce on its home turf.

Cottontail rabbits are not only cute and cuddly, but quite clever as well. When a potential predator approaches, the cottontail will "freeze" in an effort to remain unnoticed. If that tactic fails and the animal (or human) continues to gain ground, the rabbit will hop away in a zig-zag pattern. If a chase ensues, the cottontail will circle

its home range, jumping from side to side, in order to break its scent tracks. Despite the ability to reach speeds up to 18 mph, they must be on high-alert at all times.

In April, a male Eastern cottontail was rescued from the clutches of a family cat. Upon presentation, the young bunny – patient #15-1099 – had multiple abrasions that were, fortunately, relatively minor. The wounds were flushed and the rabbit was treated with antibiotics to stave off any infections and pain medications to make it more comfortable.

Wild rabbits often fare poorly in captivity because they view their human caretakers as potential predators. Despite being housed in cozy hutches in one of the ICU's quiet rooms, young bunnies often experience dramatic weight losses once they find themselves separated from their mothers. Happily, this patient is an exception. "He's a fat little thing with fur," said Dr. Brittany with a laugh.

The cottontail's wounds are healing well, and when he is old enough to survive on his own, he will be released in a safer environment. Once there, it is hoped that he will find a mate and go on to be the proud papa of his own brood of fat little bunnies.

Do you ever wonder what types of critters find themselves at the wildlife clinic and why? CROW's Visitor Education Center offers regularly scheduled presentations led by the clinic's medical staff. The center also has self-guided tours, hands-on exhibits and live video footage highlighting patient stories. Call 472-3644 ext. 228 or go to CROW's website for a complete schedule.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



Thanks to the quick response of the kitty's family, this Eastern cottontail survived a cat attack with only minor abrasions

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Gramma Dot's

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Yacht Sales

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Francine Dale, Fay Carney, John Carney and Captain Jim LaVelle aboard Circe

San-Cap Power Squadron's Last Cruise Of Season

n May 8, 221 members of the Sanibel-Captiva Power Squadron partcipated in the last cruise and rendezvous for the season.

Organizers of the event were members Ronn and Joan Downey. Captains Jim LaVelle, Walt Knutzen and David Ross headed north on Pine Island Sound with calm seas and blue skies prevailing to arrive at the Green Flash Restaurant on Captiva Island. Everyone arrived in good spirits and enjoyed a delightful luncheon and a great view of Roosevelt Channel.

The next social event for the squadron



Captain Walt Knutzen and wife Pat aboard *Hydrotherapy*

is planned for Saturday, May 23. A Night at the Movies will take place at the Island



Vicki and David Ross, Kate and Chuck Fizer and Commander Charlene Timothy



Dale and Diane McGinley with hosts Joan and Ronn Downey

Cinema. After the movie, participants will meet at George and Wendy's Seafood Grill to enjoy dinner together.

The Sanibel-Captiva Sail & Power Squadron is an organization dedicated to promoting boating safety and education. Members are also provided with opportunities to socialize with fellow boaters. Meetings are held the third Tuesday of each month at The Community House, 2173 Periwinkle Way on Sanibel. Membership information can be obtained by calling the Membership Chair Sami Lucas at 822-7908.

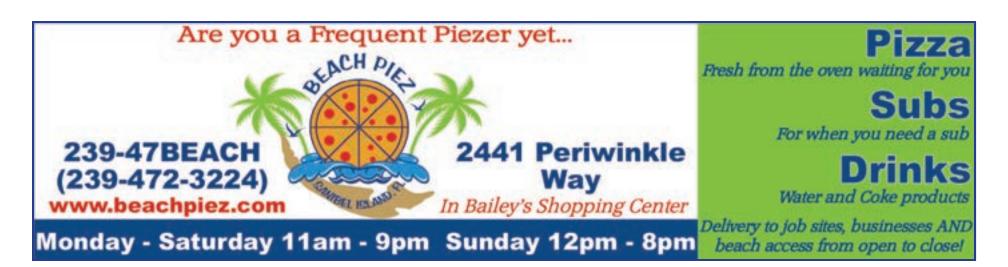


ATTENTION High School Graduates

Please email the following information to press@islandsunnews.com so we can include you in our graduation pages, coming soon:

- 1) your name and photo, 2) name of high school,
- 3) names of your parents, 4) school you will be attending in the fall

Any questions, call 395-1213



CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

CROW will be closed Friday, May 22 and Monday, May 25 in observance of Memorial Day.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Tuesday, May 26, 11 a.m., \$5 included with admission – Patient Profiles: Sea Turtles, presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. One of CROW's team members will describe why they are admitted and how the medical staff treats this species.

Wednesday, May 27, 11 a.m., \$5 included with admission – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers

externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Thursday, May 28, 11 a.m., \$5 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will describe why they are admitted and how the medical staff treats this species.

Thursday, May 28, 2 p.m., \$20 advance registration required – Wildlife Walk with Rehabilitators and Staff.

Following the 2 p.m. presentation in the Visitor Education Center, visitors will be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Friday, May 29, 11 a.m., \$5 included with admission – Wild About Rehabilitation, presented by CROW staff. After a patient stabilizes in the hospital, CROW's rehabilitation staff provides a combination of a balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Be Mindful Of Manatees When Boating

The Memorial Day weekend typically means crowded conditions on Florida waterways, and Save the Manatee Club cautions the boating community to keep a look-out for manatees.

"Collisions with watercraft are the leading cause of all manatee deaths in Florida, when a cause of death can be determined," said Patrick Rose, aquatic biologist and executive director of the club.

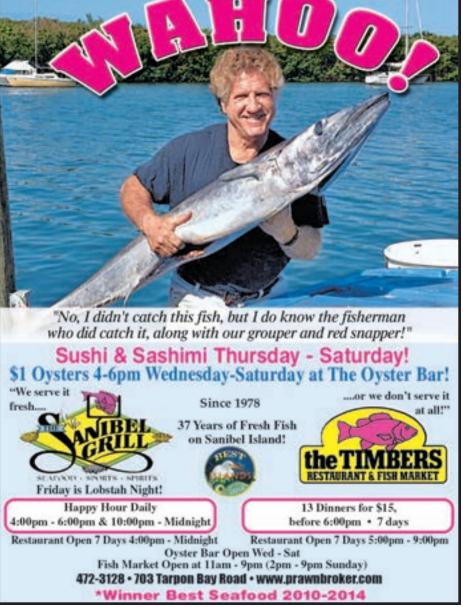
Even under the best conditions, manatees are often difficult to spot in the water, and Rose recommends wearing polarized sunglasses to eliminate the glare of the sun, which helps boaters see below the water's surface. Learn to recognize a manatee's presence. Look for a swirl on the water's surface and a manatee's tail or nose. Follow all posted boat speed regulations, slow down if manatees are in the vicinity, and stay in deep water channels if possible.

Save the Manatee Club produces and distributes a variety of free public awareness materials to protect endangered manatees. Yellow waterproof banners with the message "Please Slow, Manatees Below" are available to Florida boaters. The bright banners alert other boaters about the presence of manatees and can help save manatee lives.

Other free materials include dock signs for Florida shoreline property owners, waterproof manatee protection tips cards and boating decals featuring the Florida Fish and Wildlife Conservation Commission's hotline number for reporting dead, orphaned, sick or injured manatees, or a manatee who is being harassed. Call 1-888-404-FWCC (3922) or #FWC or *FWC on cellular phones, or VHF Channel 16 on marine radios, or send a text message to Tip@MyFWC.com.

More manatee protection tips for boaters can be found on the club's website at www.savethemanatee.org/boatertips. Download the free Manatee Alert App for iPhones and iPads at http://bit. ly/15EYen6, which notifies boaters when they are approaching manatee speed continued on page 22





Florida Pellitory

by Gerri Reaves

Florida pellitory (*Parietaria floridana*) is a pretty native groundcover commonly found in woods and lawns.

It loves shade and likes to grow near walls and rocks. It prefers moist to somewhat dry conditions and grows best in the winter months.

The lawn care industry considers it a weed to douse with herbicides, but this member of the nettle family has valuable attributes that argue for tolerating it.

For one thing, it is a host plant for the red admiral butterfly. Without a host, or larval, plant, a butterfly species cannot reproduce and survive.

The herb has many medicinal and culinary uses too.

It is also called the cucumber weed because the crushed leaves smell a bit like that vegetable.

This herb is an edible green either cooked or raw and can be used for seasoning. But be cautious. Some people do have an "itchy" allergic reaction after ingesting it.

Florida pellitory grows about six inches high and self-propagates with seeds.

The central four-angled or rounded translucent stem gives it another common name, clear weed.

The alternate light-green leaves are rather small, thin and heart-shaped, with a short rounded tip and three prominent



Native Florida pellitory springs up in shady spots, especially near walls or rocks. This member of the nettle family is one of the host plants for the red admiral butterfly. photo by Gerri Reaves

veins visible on the undersides.

Both stems and leaves have very fine hairs.

Several green bracts, or leaf-like structures, surround the small green flow-

ers. The flowers have four stamens and appear in the leaf axil, the point at which the leaf stalk and central stem intersect.

Pellitories are wind pollinated and release clouds of pollen that cause spring-

time allergic reactions in some people. Sources: eattheweeds.com and ifas. ufl.edu.

Plant Smart explores the diverse flora of South Florida. 🛠

From page 21 Be Mindful Of Manatees

zones and helps facilitate the reporting of injured manatees and manatee harassment. Vheck out the vlub's new animated boating video, *Share the Waterway*, at https://youtu.be/rmDSpaRPrBg for more tips.

"Save the Manatee Club appreciates the efforts of boaters to keep manatees safe, and those efforts are even more important now as Florida's boating population continues to grow, " said Rose. "As long as threats continue to increase, and mortality from human causes remains high, then manatees will require strong protection in Florida."

The free public awareness materials can be obtained by contacting Save the Manatee Club by e-mail at education@ savethemanatee.org, by regular mail at 500 N. Maitland Ave., Maitland, FL 32751, or by calling toll free at 1-800-432-JOIN (5646).

For more information on manatees, the Adopt-A-Manatee program, or to sign up for the club's free e-newsletter, visit the www.savethemanatee.org.









The Atlantic fig snail: shell, live animal and egg cases. Photos by José H. Leal, except for live animal, photographed by Amy Tripp on Kice Island, Collier County, Florida.

Shell Of The Week Atlantic Fig Snail



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

he Atlantic fig snail, Ficus communis Röding, 1798, belongs in

the category of the desirable local shells. Its shell is thin, and shaped like a fig (or a pear). The

shell opening, or aperture, tapers gently toward the extremity of the anterior canal. The shell color is pinkish-gray to light-tan. The animal is cream-colored with dark and whitish spots. The fig snail's egg cases are stacked on top of one another and attached at one small area of the fluted edge. The egg cases in the picture were laid at the Shell Museum live tank. Learn more about the Atlantic fig snail at http://shellmuseum.org/shells/southwest-florida-shells/ ficus-communis .

Shell Museum Events Open Memorial Day, noon to 4 p.m.

Other days 10 a.m. to 5 p.m. New summer programs begin on Tuesday, May 26; visit shellmuseum.org or call 395-2233 for more information.

Daily Island Inn Morning Beach Walks: Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10, and parking at Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests:

Please book through the Inn). Weekly Marine Naturalist Cruise (Thursdays): The Bailey-Matthews National Shell Museum and Captiva Cruises present a one-of-a-kind experience that will excite nature lovers of all

ages. Join our marine biologist for an unforgettable day with a small group aboard the 40-foot sailing catamaran Adventure. Trips set sail Thursdays at 9 a.m. from South Seas Island Resort on Captiva Island.

The four-hour cruise costs \$100 for adults and \$75 for children and includes the boat trip, lunch and museum admission. Call 472-5300 to book. (Water shoes required, no flip flops. Prepare to get wet.)

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

Recreational Red Snapper Season Opens Memorial Day Weekend

he recreational red snapper season for gulf state waters opens to harvest Memorial Day weekend. Red snapper is a popular species that has a strong economic impact for many coastal communities throughout Florida. The 2015 season will start the Saturday before Memorial Day (May 23) and run

through July 12, closing July 13. This season will resume for all of Labor Day weekend (September 5 to 7) and finish with Saturdays and Sundays throughout the rest of September and all of October, with the last day of harvest being Sunday, November 1. State waters in the gulf are from shore to nine nautical miles. This results in a 70-day recreational red snapper season in gulf state waters.

In gulf federal waters this year, anglers fishing from private boats and anglers fishing from federally permitted for-hire vessels will have different season lengths. Federal waters will open June 1 for both groups and will remain open through June 10, closing June 11 for anglers fishing from private boats. For federally permitted for-hire ves-sels, the season will remain open through July 14, closing July 15. Federal waters in the gulf start at nine nautical miles and extend out to about 200 nautical miles.

Anglers targeting red snapper in gulf waters off Florida (excluding Monroe County) from a private boat, need to sign up for the Gulf Reef Fish Survey prior to fishing. Sign up at a local retail store, tackle shop or tax collector's office; by calling 1-888-FISHFLORIDA (347-4567); or online at License.MyFWC.com. For information on gulf red snapper, visit MyFWC.com/Fishing and click on

Saltwater, Recreational Regulations and Gulf Snapper. Learn more about the Gulf Reef Fish Survey, including how to sign up, by visiting MyFWC.com/Fishing and clicking on Saltwater, Recreational Regulations and Gulf Reef Fish Survey.

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Roepstorff Reappointed To FGCU Board



Robbie Roepstorff

obbie Roepstorff, president and co-founder of Edison National Bank/Bank of the Islands and Sanibel resident, has been re-



Dr. Martin McLinton Dr. Larry Miller College Hires Two New Deans

Iorida SouthWestern State College (FSW) has hired two new deans. Dr. Martin McClinton is the new dean of the School of Pure and Applied Sciences and Dr. Larry Miller is the new dean of the School of Education. Both will begin at FSW on July 1.

"Dr. McClinton has a wealth of experience in higher education leadership and is well versed on the Florida College System. His background as a research chemist, grant writer and published scientist will assist the School of Pure and Applied Science continue its evolution into a unit actively involved in assisting students gain valuable student-faculty research and out-of-class learning experiences," said Dr. Denis Wright, provost and vice president of academic affairs at FSW.

appointed to a five-year term on the board of trustees for Florida Gulf Coast University (FGCU). The Florida Board of Governors re-appointed Roepstorff to the FGCU board in a unanimous decision. Roepstorff has been a member of the FGCU board since 2010 and has served as chair since 2012.

"It is an honor to be reappointed by the board of governors to the FGCU Board of Trustees," said Roepstorff. "Florida Gulf Coast University plays a significant role in the education, workforce development, and quality of life for Southwest Florida, and is widely regarded as an institution offering high quality, affordable access to students. The university continues to excel in the performance funding model of the board of governors and state of Florida, and I am pleased at the opportunity to continue serving this fine institution and its students, faculty and staff.'

In addition to serving as a trustee for FGCU, Roepstorff's community leadership has been recognized by countless organizations throughout Southwest Florida. Most recently, she was named by WGCU Public Media as one of the 2015 Makers: Women Who Make Southwest Florida. She received the Lifetime Achievement Award from the Horizon Council in 2014 and was named the 2008 Paulette Burton Lee County Citizen of the Year.☆

"Dr. Miller will lead the efforts to forge even closer partnerships and secure collaborative grants with the five school districts (Charlotte, Collier, Glades, Hendry, Lee) associated with the college. We are fortunate that someone of the caliber of Dr. Miller wanted to join our administra-tion," said Wright. "He is clearly someone who is able to build on our highly successful teacher education programs and take the FSW School of Education to a new level of prominence in state and national education circles.

Dr. McClinton is currently dean of academic affairs at the State University of New York (SUNY) – Adirondack. Previously, he previously spent 19 years in the Florida College System at Brevard College and Broward (now Eastern Florida State) College as faculty member, department chair, dean, and district director of academic affairs. Dr. McClinton has undergraduate and PhD degrees in chemistry from the University of York (England) and was a Fulbright Scholar (from England) at SUNY-Albany.

Dr. Miller has a PhD in public administration with a concentration in education finance from Syracuse University. His specialties are in education reform and school funding. He has taught for Syracuse University, University of Washington and Rutgers University. His most recent appointment was at the Center for Reinventing Public Education at the University of Washington. Dr. Miller has a national reputation in educational reform, especially at the K-12 level.



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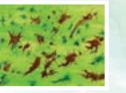
To register, or for more information, call 239-395-0900 or visit BIGARTS.org

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Assisted Living Seminar At Shell Point



The Springs at Shell Point

Shell Point Retirement Community invites senior adults and their family members to better understand the many types of assisted living facilities and needbased care offered, during a free seminar held on Thursday, June 11 at 10 a.m. at The Springs.

During this educational presentation, Shell Point's assisted living expert, McKenzie Millis, will simplify the search for assisted living by breaking down the many levels of assisted living care, types of facilities, and various licensures. Each presentation attendee will receive a comparative worksheet to use when exploring future assisted living options.

"Not knowing what to look for when choosing an assisted living community can be overwhelming. This search usually takes place during a medical crisis or other needdriven circumstance, which adds stress to a generally complicated process," said Millis. "The goal for this presentation is to simplify this search and help attendees plan ahead for their future care."

The Springs at Shell Point is located off of Summerlin Road and McGregor Boulevard, just two miles before the Sanibel Causeway, at 13901 Shell Point Plaza in Fort Myers. The Springs offers affordable, month-to-month assisted living care on a private-pay basis, and provides access to Shell Point's resort-style amenities and healthcare services.

Call 454-2077 to reserve your place at this free educational presentation. For more information about The Springs at Shell Point or to request an assisted living brochure, visit www.shellpoint.org/assistedliving.

Library Programs June Programs At Captiva Memorial Library

The Captiva Memorial Library is offering the following free programs for children in June: Hero Horses

3 p.m. Thursday, June 11

Hear stories about these heroes and make paper bag horse puppets. Tickets available June 4.

The Misadventures of Sandy Trowles 3 p.m. Thursday, June 18

This summer, Sandy Trowles and her trusty sidekick, Buckets, are on an adventure to discover Florida archaeology. You can learn how to be a superhero of history, too. Provided by Florida Public Archeology Network. Tickets available June 11.

American Tall Tale Heroes: Storytelling

3 p.m. Wednesday, June 24 Young audiences will sing-a-long and thrill as Katie Adams spins the big, bold stories of Paul Bunyan, Sally Ann

Thunder Ann Whirlwind Crockett and Pecos Bill. Tickets available June 18. The Captiva Memorial Library is located at 11560 Chapin Lane in

located at 11560 Chapin Lane in Captiva. For more information about a program or to register, call the library at 533-4890. A sign language interpreter is available with five business days notice to library staff. Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.

From page 14

Paver Parking Lot Dedicated At Library

"This makes this an even more attractive place," said Vice Mayor Mick Denham, who presided over the ribboncutting ceremony along with library foundation board members Linda Uhler and Gib Warren. "As a Sanibel resident, I'm very proud of our library and use it all the time. It's a wonderful facility."

Placing permeable pavers in the library's larger (south) parking lot was considered after the smaller lot located closest to the library was refurbished late last year. Hearing positive feedback from library patrons led to Warren requesting the city to work cooperatively with the library on the project.

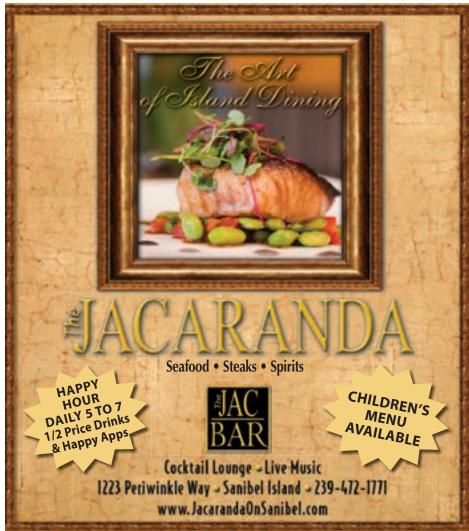
"We are so fortunate to have good neighbors in the City of Sanibel," said Warren. "We're looking forward to a continued good neighbor policy."

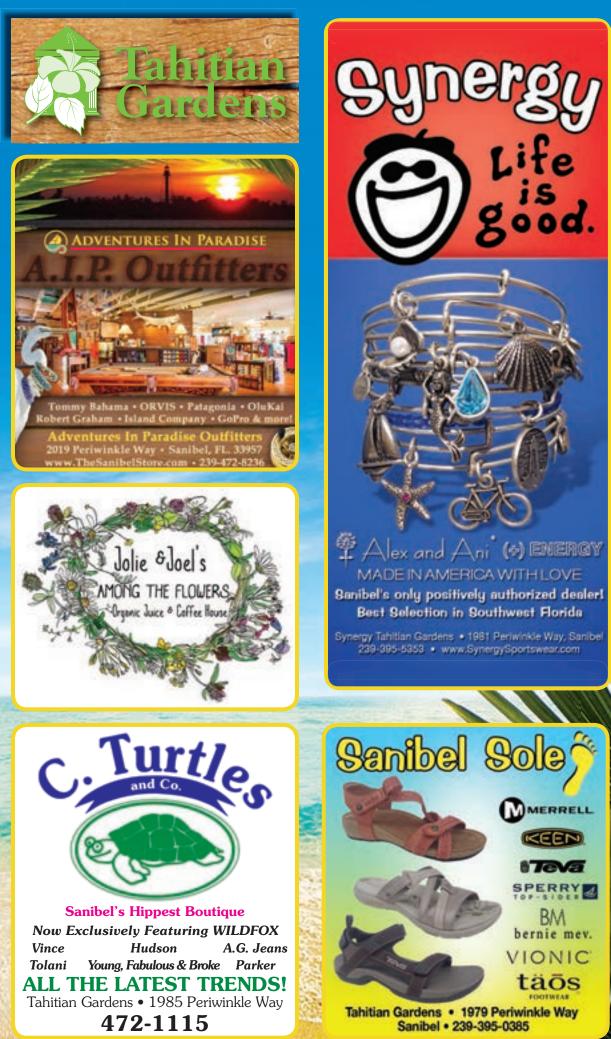
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Sanibel-Captiva Conservation Foundation Programs And Statistics



Bobcat laying down

Bobcat Tales

ome and see recent videos of bobcats on Sanibel-Captiva Conservation Foundation trails. Learn more about the biology and society of this shy feline that peacefully roams the islands. There has never been a negative human bobcat interaction reported on Sanibel. The next Bobcat Tales program is on Wednesday, May 27 at 10 a.m. in the SCCF auditorium. Cost of the program is \$5 per adult, with SCCF members and children attending for free. Following the program, take a walk on the trails to the Sanibel River... you may see bobcat scat. Climb the tower to see Sanibel's Everglades-like wetlands where the bobcats live.



The first nest discovered during sea turtle nesting season back in 2008

Turtle Tracks

earn about the lifecycles and habits of sea turtles that nest on island beaches and what SCCF is doing to protect them. Since 1992, SCCF staff and volunteers have covered every inch of Sanibel and Captiva beaches each morning May through October finding and marking sea turtle nests laid the night before. Remember to turn off beach lights at night to protect nesting turtles and their hatchlings. Following the program, take a walk on the trails to the Sanibel River. The next Turtle Tracks program is on Thursday, May 28 at 10 a.m. at the SCCF auditorium. The program is free to SCCF members and children, or \$5 for adults. Sea Turtle Nesting Statistics



Sea turtles normally nest at night but this loggerhead was still at her nest in the morning. Note: Photo was taken from a safe distance. It is against state law to disturb nesting sea turtles.

SCCF Sea Turtle Nesting Stats (as of May 15, 2015): Sanibel East: 10 nests, 23 false crawls Sanibel West: 23 nests, 62 false crawls Captiva: 10 nests, 4 false crawls Total: 43 nests, 89 false crawls

Note: There are now coyotes on Sanibel and SCCF is screening as many nests as possible to discourage coyote depredation.

Snowy Plover Nesting Statistics



Snowy plover with chick

photo courtesy of SCCF

SCCF staff and volunteers monitor snowy plover nesting on Sanibel. As of May 14, the nest total for snowy plovers is 10:

- Three nests are active
- \bullet Five nests have hatched 15 chicks. One nest has three chicks, two nests have two chicks, and one nest has one chick; the status of the fifth nest is unknown
 - One nest is gone, fate unknown
 - One nest was washed out

Call 472-2329 for more information. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

Free Admission For Active Duty Military, Families

The Southwest Florida Museum of History and the Imaginarium Science Center are participants of Blue Star Museums, which means that active duty military personnel and their family members receive free admission at both attractions from Memorial Day, May 25, through Labor Day, September 7. (Free admission begins at both locations on Friday, May 22.)

Now On Exhibit

At the Southwest Florida Museum of History, learn about the long blues tradition in Florida – stretching from its earliest roots through contemporary times – with the latest exhibit, Florida's Got The Blues, curated by the Museum of Florida History (on exhibit through August 7). Also, delve into the role Southwest Florida played in training World War II air gunners in the permanent Buckingham Air Field exhibit. The Southwest Florida Museum of History is located at 2031 Jackson Street in Fort Myers. Hours are Tuesday through Saturday from 10 a.m. to 5 p.m. For more details, call 321-7430 or

visit MUSEUMofHISTORY.org. There's plenty to explore at the Imaginarium Science Center, including the Animal Lab, Dinosaur Discovery, Fisheye Lagoon, Sea-To-See Touch Tanks, Windows to the Sea, Backyard Nature, the Caloosahatchee Experience and much more.

The Imaginarium Science Center is located at 2000 Cranford Avenue in Fort Myers. Hours are Tuesday through Saturday from 10 a.m. to 5 p.m. and Sunday from noon to 5 p.m. For more details, call 321-7420 or visit i-sci.org.*

Auditons At Strauss Theater

There are two auditions coming up at the Herb Strauss Theater. The first one is on May 30 for ages 8 to 15 for the musical *Flat* Stanley Jr. The performances will be in October. More information is available at www.SignUpGenius.com/ go/10C0F4DAFAB2AAAFA7-flat.

The second audition is for high school and college students for the summer show *The World Goes Round*. Auditions are May 31 and performances will be June 24, 25, 26, 27. More information is available at www.SignUpGenius.com/ go/10C0F4DAFAB2AAAFA7theworld/.**

From page 15 Rotary Happenings

disease. CART has awarded over \$5 million to accredited Alzheimer's researchers since 1995. This money goes directly for cutting edge research looking for all reasons that might be contributing to the development of Alzheimer's disease, from genetic dispositioning to environmental contributions. The "magic bullet" has not been found yet, but this type of research is the breeding ground for finding an answer. After all of the special award presentations that followed Dr. Golde's presentation, it was time for a break. More to come in next week's column.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at scot@scongress.com.*

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RESTAURANTS

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array – all making the most of the area's fresh and abundant seafood and local produce. You'll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they're offering and get the scoop on the island dining scene, whether it's fine or casual, take-out or frozen desserts.

AMONG THE FLOWERS CAFE

Among the Flowers Cafe features local and organic vegetarian/vegan fare. Some of the featured items are fresh pressed juices and smoothies, fresh organic coffee and an espresso drink bar, fresh housemade nut milks, raw protein gems and chocolates, organic egg sandwiches and salads, Queenie's local ice cream, local beers and organic/sustainably farmed wines, gluten free bakery with custom layered cakes and complete party catering. You'll also find original art with uplifting messages as well as salt lamps, sage wands, handmade jewelry, T-shirts and gift-baskets.

Open 7 days a week for breakfast, lunch and early dinner until 6 p.m. Call-ahead for to-go orders, or sit outside under a covered deck.

BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday 12 p.m. to 8 p.m. With fresh ingredients, mouth watering mozzarella, "secret recipe" dough and homemade pizza sauce, Beach Piez will deliver the best pizza the island has to offer. Stop in for the slice of the day.

BENNETT'S FRESH ROAST

Bennett's Fresh Roast at 1020 Periwinkle Way prides itself on its fresh-from-scratch doughnuts made daily and being the only Southwest Florida doughnut shop offering fresh roasted coffee from the finest beans. They also offer fresh desserts including praline bread pudding and lemon bars, packaged whole bean or ground coffees, breakfast muffins, oatmeal, breakfast sandwiches, strata (a layered baked breakfast dish) and a large variety of Harney & Sons Fine Teas. Lunch offerings including paninis, soups, sandwiches, signature salads and Bennett's Chicken & Donut, Donut Dog and a Lobster Roll are available Monday through Sunday from 11 a.m. to 2 p.m.



Wren Omson at Doc Ford's Rum Bar & Grille, Captiva Island

BLUE GIRAFFE

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy's Grand Ice Cream.

Dine outside on the boardwalk or inside at handpainted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold beer.

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

CHIP'S SANIBEL STEAKHOUSE

Chip's Sanibel Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and \$4.95 appetizers. For early diners, there's a three-course prix fixe menu for \$35 including a cocktail. In addition to an updated wine list, seasonal house-infused liquors such as strawberry-jalapeño tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip's has something for every sweet tooth.

CROW'S NEST AT 'TWEEN WATERS INN

The Crow's Nest at 'Tween Waters Inn is a more casual place than its sister the Old Captiva House. It's home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

In addition to its Sanibel restaurant, Doc Ford's has a Captiva location in Chadwick's Square.

It's a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

THE DUNES RESTAURANT

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular the Shrimp Po' Boy.

Featured monthly events include Trivia Night, Corks & Canvas, Comedy Night, dinner, dancing and live entertainment, and bridge. There is a Friday a la carte dinner menu with featured selections each week such as fish fry, prime rib, seafood and pasta nights. Take in the sunset views while sipping on your fa-

vorite drink. Happy hour is every day from 3 to 6 p.m.

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only Seaside Saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

GREENHOUSE GRILL

The Greenhouse Grill has happy hour daily that includes \$2 off house wine, \$1 off draft beer and half price special of the day appetizer from 4 to 6 p.m. There are vegan and gluten free options available. Fresh, local, seasonal ingredients are used to flavor steaks, seafood, pasta, salads and burgers. The signature Bouillabaisse is a seafood lover's delight with fresh shrimp, mussels, clams, scallops, grouper and calamari. Homemade lemonade and green tea with pomegranate are a favorite among guests. Grand finales include Chocolate Fondant, Tiramisu, Crème Brule, Cannoli and other delectables. Pet-friendly patio seating available.

The Greenhouse Grill is open daily from 10:30 a.m. to 9 p.m. Reservations are appreciated and carry out orders are welcome.

IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu.

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested.

JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the wellstocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

LIGHTHOUSE CAFE

Sanibel's popular breakfast and lunch restaurant on the east end also serves dinner from December 15 until the end of April. Owner Mike Billheimer, Sanibel native and member of a family operating one of Sanibel's first restaurants back in the 1950s, took over this legendary cafe in 1988 and has been mentioned in *Gourmet, Bon Appetit, Country Living, Southern Living* magazines for their outstanding food quality and service. Try one of the selections of eggs Benedict, homemade wholewheat granola hotcakes or one of the three-egg omelets.

The French toast is made with a rich custard batter and real French bread. Breakfast is served until 3 p.m. The most popular lunch item is the fresh, local grouper sandwich served crunchy fried, chargrilled, blackened, sautéed or broiled. Open 7 days. Call ahead seating for breakfast and lunch, and reservations accepted for dinner.

MATZALUNA ITALIAN KITCHEN

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big selection including over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual marketlike setting. Gluten-free pizza is also available. Matzaluna has craft beers on tao. On Wine

Wednesdays, every bottle priced \$25 and over will be discounted by \$8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

MUCKY DUCK

The Mucky Duck may well be the most famous restaurant on Captiva due to its longevity and quirky name. Then there's the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – sipping cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck is open for lunch and dinner, serving

fresh seafood, pub-style food, sandwiches, steaks and other items.

OLD CAPTIVA HOUSE AT 'TWEEN WATERS INN

Old Captiva House at 'Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva's pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN "Ding" Darling's 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

OVER EASY CAFE

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

PECKING ORDER

The Pecking Order, features tender, juicy, broasted fried chicken and the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating and holds in the juices without allowing the fat to penetrate.

Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, red mashed and gravy, fried pickles and veggie chili. Try the Black Betty, a warm, dark chocolate cupcake filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners sugar.

Take out and outdoor dining available.

POCOLOCO

Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry's Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region's most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious favors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

RC OTTER'S, CANTINA CAPTIVA, SUNSHINE SEAFOOD, KEYLIME BISTRO AND CAPTIVA PIZZA, YOGURT & GIFTS

Five Captiva eateries under the same ownership – RC Otter's, Cantina Captiva, Sunshine Seafood, Keylime Bistro and Captiva Pizza, Yogurt & Gifts – offer a fun and casual dining experience with a tropical flair reminiscent of Key West.

RC Otter's and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu and carry-out are also available and outdoor seating is available.

Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at \$4.50 for items such as nachos with cheese and salsa and \$5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

SANDBAR

Currently serving happy hour from 4 to 5:30 p.m. every day in the lounge only, and dinner from 5 to 9 p.m. Since opening in 2013, The Sandbar has become known for its fresh seafood and choice cuts of beef and pork.

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

SANIBEL FISH HOUSE

Find out why Sanibel Fish House is such a great addition to the list of Sanibel restaurants. We offer a wide range of fresh seafood as well as our great alternative choices at reasonable prices.

Come and see us in our delightful tropical island setting. Open 11 to 10 daily with excellent lunch and dinner specials. Don't miss the best happy hour on the island 11 to 6 daily and all day on Saturdays and Sundays in The Lounge! The Lounge opens 11 to 10 Sunday through Thursday and until 1 a.m. on Fridays and Saturdays.

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

SANIBEL SPROUT

The Sanibel Sprout is the island's only vegan cafe and organic juice bar. There is comfortable seating for friends to socialize and taste Chef Nikki's extended menu of plant-based gourmet cuisine. The soups – lentil, Vietnamese Pho, etc. – are popular year-round, as are vegan lasagna, Mexican taco salad, kale salad with avocado chipotle dressing and numerous desserts. The extended menu is posted on the Sprout's Facebook page.

The organic juice bar is popular with locals and visitors of all ages. Kids love the Strawberry Kiss or the Chocolate Bliss Smoothie, whereas adults favor the Coffee Sproutaccino or the green Emerald Mermaid Smoothie. Those are just a few of the juice bar favorites from an extensive menu.

The Sprout is open for breakfast, lunch and dinner 8.30 a.m. to 7 p.m. Monday through Saturday.

SUNDIAL BEACH RESORT & SPA

The Sea Breeze Café at Sundial Beach Resort & Spa is open 7 days a week, from 7 a.m. to 10 p.m., serving breakfast, lunch and dinner. Dine indoors or al fresco, overlooking the gulf. Choose from classic tavern fare, fresh seafood, innovative entrees, salads and sandwiches. There is a daily happy hour from 4 to 6 p.m. with drink specials and bar menu. Every Monday is Margarita Monday with \$5 margaritas from 4 to 10 p.m. and live island-style entertainment from 5:30 to 8:30 p.m.

Turtle's Pool & Beach Bar serves imported and domestic beer, wine and tropical drinks in a casual outdoor island setting just steps from the gulf. A full menu is available at the poolside dining patio from 11 a.m. to 7 p.m., including seafood, award-winning burgers and fresh salads. Happy hour is 3 to 5 p.m. every day.

Create your own custom pizza or grab a quick snack at Slice of Paradice, Sundial's newest poolside dining option, featuring slices, specialty and custom pizzas, grab and go salads, hot dogs and hand scooped ice cream, including Sundial's signature flavor, Island Delight. Open daily from 11 a.m. to 9 p.m. All restaurants and bars are open to the public.

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's 2 p.m.)

TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. Located in the historic Island Inn, the recently updated restaurant sits on 10 acres with gulf views, perfect for watching the sunset over the water while you dine. The menu features Italian and Mediterranean cuisine prepared by Chef Aziz and his team. Traditions' dishes are made with fresh ingredients, from seafood and meats, to produce from local vendors. On the menu you will find the classics and specialties including Moroccan lamb, roast duck, lobster and veal. Pasta, grilled items and a raw bar are also available. In addition to the regular menu, specials are offered daily. There's an attractive bar and lounge area that also serves food and an extensive wine and cocktail list. Dining begins at 5 p.m. and continues until late. Reservations are suggested.

ZEBRA TREATS

This bold and bright cafe/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes.

Zebra has indoor and outdoor seating. The store recently added frozen yogurt to go, by the pint and quart.

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LIVE ON THE ISLANDS

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn has live entertainment with Steve Farst Trio on Friday and Saturday; Doc Carter plays on Sunday. Taylor Stokes plays on Tuesday and Wednesday. Crab shows are on Mondays and Thursdays.

George & Wendy's Seafood Grille has live music Friday and Saturday from 9 p.m. to midnight. Friday is Hipnauticals, playing old school rock. Saturday is Rex Bongo Band, playing rock and blues. Saturday is Ladies Night with half-price drinks for the ladies from 9 p.m. to midnight. On Sunday, it's Buckeye Ken, playing island variety from 6 to 9 p.m. On Tuesday, it's open mic night from 8 to 11 p.m. Karaoke is Thursday from 9 p.m. to midnight.

The Jacaranda has live entertainment on Friday and Saturday with DVS, playing classic rock and oldies. Sunday is Jamaica Dave & Co., playing reggae and dance. On Monday, it's Renata, playing funk, jazz and contemporary; on Tuesday, it's The New Vinyls, playing classic rock and dance; Wednesday is Barbara Dexter, playing contemporary, top 40s and dance; Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English

plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa features Margarita Mondays from 4 to 10 p.m. with \$5 margaritas and live entertainment from 5:30 to 8:30 p.m. Happy hour is daily from 4 to 6 p.m. with drink specials.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing jazz, Latin, pop and R&B. On Sunday, it's Dusk Duo, playing classic pop, R&B, country and jazz. Mike Arnone, "The Jersey Kid," performs selections from Motown to the Rat Pack on Monday. Woody Brubaker and Barbara Smith perform on Tuesday and Wednesday; Joe McCormick and Marvilla Marzan play on Thursday. The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.55

Read us online at IslandSunNews.com



Families enjoying the Fall For The Arts Festival in 2014

Call For Artists, Cultural Organizations For Alliance's Fall For The Arts Festival



Face painting

The Alliance for the Arts is now accepting applications for Fall For The Arts 2015. This 13th annual free family festival, to be held from 10 a.m. to 3 p.m. on Saturday, October 17, is a fantastic way for artists and cultural organizations to engage directly with families from across Southwest Florida. Artists can demonstrate their talents and sell their work, and organizations can present their upcoming seasons. Fall For The Arts features live performances throughout the day on the Alliance amphitheater stage, with games, craft stations, face painting and food on the field.



Irish step-dancers performing at Fall For The Arts 2014

Online registration must be completed by August 1 to ensure inclusion in event marketing materials. The fee is 50 for Alliance member artists and organizations or 70 for non-members. The fee includes a covered 10x10-foot vendor space, six-foot table and two chairs. Visit www.artinlee.org for more information or to register online. Fall for the Arts 2015 is sponsored in part by Publix Supermarket Charities.

The Alliance for the Arts is located at 10091 McGregor Boulevard, just south of Colonial Boulevard in Fort Myers.☆

Welcome to Jerry's of Sanibel

Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Ierry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

> Regards, Jerry's of Sanibel 1700 Periwinkle Way, Sanibel Island, FL 33957



Featuring: JoJo Maman, Florence Eiseman, Le Top, Anita G & many other fine brands





Jerry's **Key Lime** Pie









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(239) 472 - 93001700 Periwinkle Way Sanibel Island, FL **Ореп 6**АМ — 10РМ

jerrysfoods.com













Cucumber, Tomato and Radish Salad with Citrus Dressing

- 2 tomatoes, seeded and chopped fine
- 2 cucumbers, peeled, seeded, and chopped fine
- ³/₄ pound radishes, trimmed and chopped fine
- 2 tablespoons fresh lemon juice
- 2 tablespoons fresh lime juice
- 1 clove garlic, mashed to a paste with $\frac{1}{4}$ teaspoon salt $\frac{1}{4}$ cup virgin olive oil
- $^{1}/_{3}$ cup cilantro finely chopped, or to taste
- 6 scallions, sliced thin

In a large bowl, whisk together the juices and garlic paste, add the oil in a steady stream, and whisk the dressing until it is emulsified.

Whisk in the chopped cilantro and salt and pepper to taste. Add the tomatoes, cucumbers, radishes, and the scallions, toss the salad to combine it well, and garnish the dish with the left-over cilantro sprigs.



Cucumber, Tomato and Radish Salad with Citrus Dressing



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Confidence



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

This past weekend, I jumped into the Tennessee River at the crack of dawn with 2,500 other athletes to begin a 1.2-mile swim to start the Chattanooga Ironman 70.3 triathlon race. After the swim, I jumped on my bike for the hilly 56-mile bike course, after which I ran 13.1 miles (half marathon to the finish line). While I didn't do as well as I had hoped, finishing in seven hours, it was a big confidence booster from me.

Am I nuts? You might thinks so. This was the sixth race that I've completed at that distance, and I've also completed a full Ironman race (2.4-mile swim; 112-mile bike; 26.2-mile run).

Almost all human activity takes confidence to achieve. But confidence doesn't just happen. You can't go to the store and buy a can of confidence that will let you do

great things. Instead, building confidence happens as a four stage process called the 4-Cs.

Stage One: Commitment – This is when you commit to a goal, whether to finish a triathlon, lose a couple of pounds or commit to updating your estate and financial plan to build a bigger, more secure future for yourself and for those you love. Without a commitment to some goal, you won't achieve it.

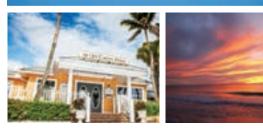
Stage Two: Courage – After you commit to a goal, you have to have the courage to work through the burn of learning or trying something new. A good illustration of this is when you commit to running a couple of miles. At first, you can't run even a few hundred yards, and when you do it, your legs burn, your lungs burn and everything feels rather uncomfortable. Those that can work through the burn earn a ticket to the next stage: capability.

Stage Three: Capability – A new capability occurs after working through the courage stage. In my mile run illustration – perhaps you were able to run a half mile. This is more than what you could do before, so you have a new capability. Or if your goal was to lose 10 pounds, you committed to losing the weight by exercising and eating more healthy foods. After having the courage to work through hunger pains, or to reject the desserts at meals, you actually lost a couple of pounds. You developed a new capability.

Stage Four: Confidence – Finally, after developing the new capability, you gained confidence. By attaining even part of the goal that you committed to, this gives you the confidence that continuing on that path will lead you to complete the rest of it. If you are trying to save enough for retirement, and worked through the courage to not spend money on some luxuries that you really wanted, you'll notice your stock account grow. This gives you more confidence to continue on that path.

I've had conversations with my daughters about these four stages of confidence. Whether it was trying out for the high school sports team, taking a difficult test in class, or applying for a summer internship, expanding one's boundaries is never an easy task. Confidence is not something that someone else can give you, it has to come from the inside. This realization makes it even that much more frightening.

Everyone wants to have the feel-good feelings related to having confidence, but they have to work through the other stages first. The main difference between courage and confidence is that courage doesn't feel WE'RE PERFECT FOR SPECIAL OCCASIONS. WE ALSO MAKE ANY OCCASION SPECIAL.





good. We admire people who demonstrate courage for the very reason that not every-

face. No one wants to discuss a time when they might be disabled and have to rely on

If you make the commitment to tackle these challenges head on, then have the

eventually you will develop a new capability and find that dealing with these issues isn't

If you know someone struggling to achieve their next challenge, share the lessons

as tough as you might have first imagined. Having done so, you will now have a new

of the 4-Cs and see if that doesn't help them think of it in a whole new way, which

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courage to force yourself to work with competent advisors to put a plan in place,

someone else to make financial or health decisions. But we will all age, and whether or

Translating all of this to estate planning, for most people it takes the 4-Cs of commitment, courage, capability and confidence to attack the tough issues one has to

one can muster it when necessary.

not we plan for these events, they will eventually arise.

confidence that you may not have had before.

might help them get over that hurdle.

Island Snapper Wrap is but one of the many tasty sensations awaiting you at the historic Captiva House — where America's most romantic beach sunsets meet among Captiva's top-rated dining experiences in a charming, Gulf-front location complete with live piano. Come, feast your eyes and your appetite. Reservations recommended, walk-ins welcome.

'Tween Waters Inn | 15951 Captiva Drive | 239.472.5161 X421 | Captiva-House.com



Captiva Crab Races: May 21 & 25 | Steve Farst Trio: May 22 & 23 | Doc Carter: May 24 | Taylor Stokes: May 26 & 27

15951 Captiva Dr. | 239.472.5161 | Crowsnest-Captiva.com

Summer Reading Program At Sanibel Library

n Saturday, June 13 at 10 a.m., the Sanibel Public Library kicks off the annual Summer Reading program with Reading For Others. Teens and grammar school-aged children can enroll in the program, enjoy games, crafts and popcorn at the kickoff event. Families can still sign up any time in June if they cannot attend the party on June 13. Participants will receive a special gift from the Sanibel Public Library Foundation when they sign up. The library's Summer Reading program runs through Saturday, August 1.

The Sanibel Public Library presents its summer reading program each year for island youth. The goal is to instill a love of reading in children and teens. Youth Librarian Barbara Dunkle helps children set reading goals. Whether the kids reach the goals or not a book is earned to build their home library. The Sanibel Public Library Foundation matches each book earned so the child also earns a book for Golisano Children's Hospital of Southwest Florida. Last summer, island readers earned more than 1,000 books for the library at the Children's Hospital.

Call Youth Librarian Barbara Dunkle at 472-2483 ext. 201 for more information. There is no charge to participate in this program.

Every Tuesday from June 16 to July 28, there will be a program in the Children's Area starting at 3 p.m. These programs are free and for kids of all ages. On Tuesday evenings there will be a VIP After Hours for kids entering sixth grade

HORTOONS



Some of the readers who participated in the 2014 Summer Reading Program

and older. VIP After Hours is from 6 to 7 p.m. and will offer games, the Wii, crafts and snacks.

The Sanibel Public Library Foundation, along with the Joan Hunt Cory Children's Fund, underwrites the summer reading program. The Joan Hunt Cory children's fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

In addition to the summer programs for children, the foundation has support-

ed the Early Literacy Stations, computers with teaching software including math, English, geography, science and art; a TeenSpace technology lab for school assignments and research; and youth book discussion clubs. A complete list of youth programs are listed on the library's website.

Library cards are available to Sanibel and Lee County residents at no charge. Visitor cards may be obtained for a \$10 annual fee. The Sanibel Public Library provides computers for Internet access.

photo by Denise McKee

There is no charge to use the Internet, however, there is a 10 cent per page charge for printing. Wireless internet access is available throughout the building for those patrons bringing their personal laptops, electronic devices or eReaders.

For more information about the Sanibel Public Library, call 472-2483 or visit www.sanlib.org.*

Send your editorial copy to: press@islandsunnews.com







At the fourth hole of The Sanctuary Golf Club, Blue Ribbon Golf Classic organizers Jeff Powers, Kim Kouril, Jason Maughan, Barbara Von Harten and Art Cassell stand next to a pair of Scanlon automobiles which were offered as prizes for golfers hitting a hole-in-one photos by Jeff Lysiak



Pam Monahan tees off

Bobby Hodosky practices his putting



Sharon Tucker and Paul Munns with Ralph and Carolyn Clark







Caitlin McCallion, Barbara Von Harten and Susan McCallion





Steve Brown, Jr. and Steve Brown, Sr.



Flanked by members of Boy Scout/Cub Scout Troop 140, Caitlin McCallion, right, sings God Bless America prior to the start of the Blue Ribbon Golf Classic





Alliance Is Calling All Poets For Broadsides: Poetry Off The Shelf 2016

he Alliance for the Arts is issuing a call to poets who would like to see one of their original works included in the 3rd annual Broadsides: Poetry Off The Shelf event on January 28, 2016.

Selected poems will be compiled into an anthology and given to visual artists who will each choose one to work with. The finished pieces will then be printed, exhibited, and sold during the event and afterwards. Finished broadsides will consist of a graphic illustration germane to the featured poem printed on one side of an 11- by 17-inch sheet of paper.

Broadsides are a form of written communication, typically designed to be posted in a public place. Traditionally, broadsides contain a mixture of text and images. From the 1600s to the early 20th century, this visual medium was used to convey information, issue proclamations, make revolutionary statements, or publish the lyrics to poetry and songs. Indeed, our Declaration of Independence was first printed as a broadside

To be eligible for entry, poets must be able to attend the Broadside event on January 28, 2016. Poets chosen to participate will be notified in early October 2015.



Sheila Elsea and Linda Hughes Broadside art and poem from 2015

For details, or to submit your work online, visit www.artinlee.org/broadsides-2016.

Top Ten Books On The Island

1. Sanibel Flats by Randy Wayne White

2. Cuba Straits by Randy Wayne White

3. Heat Islands by Randy Wayne White

4. The Hypnotist's Love Story by Liane Moriarty

5. The Invention of Wings by Sue Monk Kidd

6. Ten Days in Paradise by Linda Abbott

7. The Girl on the Train by Paula Hawkins

8. The Rosie Project by Graeme Simsion

9. The Citizens of London by Lynne Olson

10. Blue Asylum by Kathy Hepinstall Courtesy of Sanibel Island Bookshop.



Book Club Selections The House Of Special Purpose

by Di Saggau



Pajamas and The Absolutist. His latest book is historical fiction about the downfall of the Romanov's in 1918. There are historical inaccuracies, but that's OK because it's a novel. One reviewer wrote, "Boyne creates a series of events

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@ comcast.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Running away with the Spoon

by Tanya Hochschild

I wonder as I walk, why a silver spoon

is lying on the side of the road? Has it had enough of living in the mansion?

Did it jump out of the picnic basket and through the open window as the Jag pulled out of the drive-

way?

Perhaps the spoon wants to see what living on the wild side is like. And the people who use the spoon, to sip consommé or slice crème brulee, what of them? Do they miss the spoon

so intricate and realistic that is is difficult to remember one is reading historical fiction and not the memoir of an ordinary yet thoroughly honorable man." I disagree with the words "honorable man" due to a decision made by the main character in the book, but that's for you to decide.

The book begins in 1981 with Georgy Jachmenev, an elderly Russian emigre whose beloved wife Zoya is dying of ovarian cancer. He reflects back on their lives during a time when he was hired to guard the young prince Alexei. The book also ends in 1981. The story is told as a series of flashbacks, but not chronologically. This means that the story is revealed in random fragments a bit like pulling jigsaw pieces from a bag and gradually putting together the picture. When the action takes place in Russia, it is all chronological. It takes a few minutes to get used to the writing style, but it works and you are eventually drawn into this realm of history. It's a substantial and poignant journey.

By mistake when I first ordered the book, I received one with the same title but it was based on the papers of the Romanov's English Tutor Charles Sydney Gibbes, who was with the royal family both before and during their exile. Having the true story of what happened added a great deal to our book club conversation.

There had been a Romanov on the throne of Russia for 300 years. Nicholas and his wife were not bad people but they were arrogant and turned a blind eve to the social unrest in their country. The fact that the Empress relied so heavily on the advice of an arrogant allegedly spiritual person named Rasputin also contributed to their downfall. Boyne guides us through this time of prerevolution-

or just use another, out of the pantry drawer?

I walk on, into a poorer neigborhood. where, in the gutter, I see a plastic fork.

Why are people throwing cutlery away?

Something is going on.

The spoon, one of the smart set, feels her life is empty, wants more. Meets a fork with the soul of a poet who can turn her Monday morning into a Saturday night.

As kids, we learned

the dish ran away with the spoon.

But these are modern times... so perhaps a tryst, near the corner of

4th and Vine? "Where I'll meet ya hon – and make

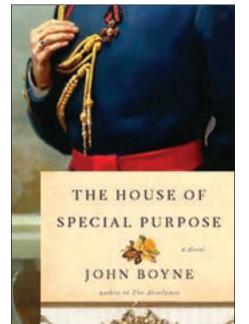
ya mine."

I turn for home and when I pass them both again

a thought, I'd be over the moon if all their hopes and dreams come true.

Across the street a little dog laughed.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.☆



ary Russia with astonishing density and power.

The House of Special Purpose is a wonderful, many-layered novel. You will get to know the Romanov family including their five children – Olga, Tatiana, Marie, Anastasia and Alexei. You will no doubt be saddened by their demise. Boyne includes a lot of historical facts and the good thing is that you will want to delve more into the true story of the Romanov's after reading this richly textured book.

> Read us online at IslandSunNews.com



High Speed WiFi At Sanibel Public Library



A library patron enjoys high speed wireless access at Sanibel Public Library

he Sanibel Public Library provides high speed Internet access in keeping with its mission to provide a variety of resources to the community. The data at Sanibel Public Library is consistently transmitted at 50Mbs (megabytes per second). According to a 2014 American Library Association study, most city libraries in the U.S have median download speeds of 30

Mbps for wired and 13 Mbps for WiFi connections. Rural libraries were slower, an average of 9 Mbps wired and 6 Mbps for wireless. Sanibel Public Library is well above the national average speed

High speed Internet access is available at no extra charge throughout the library for those patrons who bring their personal laptops, electronic devices or notebooks. In addition to high speed Internet access, the library has computers available (at no charge) to use for Internet access.

Joanne Wessels, Sanibel Public Library technology manager said, "Performance speed checks finds the library consistently achieves close to 50Mbps with both outgoing and incoming data transmissions.

"We increased the network speed from 10Mbps to 50Mbps to speed up catalog searches and migrate towards using the Cloud and remote locations to store our data. Internet speed at Sanibel Public Library is robust, especially considering we are on an island in power-spiked Florida and have had days this season where we saw measurably more patrons and staff than ever using our network with very little degradation and lag."

The library also has access to information to help small business owners and people seeking career and job resources. Reference librarians help to steer patrons toward information they need. Photocopying, scanning and faxing services are also available for a small fee. Meeting rooms are open to Sanibel non-profit organizations for a modest

fee. Patrons can use cell phones in quiet voices in certain sections of the library. Improved broadband access was

funded in part by grants from the Florida Department of State Division of Library and Information Services and the Sanibel Public Library Foundation.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. Library cardholders can download eBooks, audiobooks and magazines, check out books, movies, and even take home cooking kits.

Kids And Teens Can Be Heroes This Summer

he Lee County Library System's Summer Reading Program for children and teens encourages them to read this summer to provide meals and supplies for the injured animals at the Clinic for the Rehabilitation of Wildlife (CROW). The program runs June 6 through July 25.

Children who have completed kindergarten and up are invited to head to their local branch and receive their Every Hero Has A Story reading log. This year, time spent reading time equals a scoop of seed for a songbird, a cup of kibble for an otter, a cup of applesauce for a raccoon or a dollop of peanut butter for a squirrel. One grand prize winner will receive a party on the Bookmobile for the winner and six of their friends.

Teens need to register online at leelibrary.readsquared.com. They will have access to exciting reading lists and dozens of digital badges. One lucky tween and one lucky teen will win a behind-thescenes tour of CROW's hospital for themselves and up to nine of their friends. The tour experience includes admission to the education center, an overview program of CROW and concludes with a VIP tour of the hospital and rehabilitation grounds. Winners will get the chance to meet with some of CROW's staff and learn what it takes to rehabilitate 3,500-plus animals a year.

Help your reader improve their reading skills and make the summer go quickly. Visit leelibrary.net and click on Kids or Teens to learn more about the program.

The Lee County Library System serves Lee County with books, downloadable e-books, digital content, Books-by-Mail, a bookmobile, e-sources, music and films, programs and meeting space. Don't have a Lee County Library System library card? Getting one is free and easy. Visit leelibrary.net to apply online, or stop by any branch. Information about Lee County Library System is available for your convenience 24/7 at leelibrary.net where you can find out about library services, programs, locations, view an online events calendar or place a hold on library items. Telephone Reference is available at 479-INFO (4636).谷

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ear Readers. I have received many questions lately from parents of preschool aged children who have been concerned about their

child's readiness for kindergarten. Many of you are wondering if your child has the maturity, the preparation and the skills to be successful in today's more academically rigorous kindergarten. In the next few weeks, I will be addressing these questions through a series of articles focusing on what school readiness really means. I hope you find the information helpful.

Shelley

School Readiness For Whom And When And Is My Child Ready?

Most states designate a specific, arbitrary cut-off date to have uniformity in school entry practices. If a child reaches a certain age by the cut-off date (typically 5 for kindergarten and 6 for first grade), a child may begin school. However, cut-off dates vary considerably across states and research tells us that age is not the most accurate measure of how well a child will adjust to school. However, these policies are relatively fair because all students are treated equally. Often, school districts and communities hold kindergarten screening programs designed to help parents determine if their child is ready for school and to identify problems in development that might warrant attention or extra services.

While much of the data collected by these kindergarten screening programs, is helpful for understanding a child's readiness for school, but we must remember that young children are very difficult to evaluate accurately given their rapid development, short attention spans, and often inconsistent performance on demand. Children also may be entering the school system with varying linguistic abilities, varying cultural heritages and varying levels of both personal experience and cultural exposure. So while it is reasonable to expect that children enter kindergarten as active, curious, and motivated learners it is not reasonable to expect that all 5-year-olds have the same level of preparation needed to acquire early reading, math and social skills, or have the same attention spans or motor dexterity. Children learn different skills at different rates.

Deliberation of school readiness must take into account the range and quality of children's early life experiences. Research has suggested that many aspects of children's lives influence their preparation for formal school learning,

including cognitive, social, emotional and motor development, and - most importantly - early home, parental and preschool experiences.

School readiness then signifies the child's attainment of a certain set of emotional, behavioral, motor and cognitive skills needed to learn, work and function successfully in school. School readiness means that a child is ready to enter a social environment that is primarily focused on education.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.☆

Florida Virtual School Full Time **Opens Enrollment**

Iorida Virtual School Full Time (FLVS FT), a statewide virtual public school, is opening enrollment for kindergarten through the 12th grade for the 2015-16 school year. Information sessions – both in person and online - are being held for parents and students across the state to learn more about the school.

Combining Florida-certified teachers, a proven curriculum, technology tools, and community experiences, Florida Virtual School Full Time delivers a high quality education online to children who benefit from an individualized approach to learning.

Online learning is one of the fastest growing forms of education, and students attending school in 2015 will learn and apply their education in a much more technologically advanced and dependent world than their parents. We prepare children to succeed in that world," said Lead Kindergarten-8 Principal Marcie Trombino.

For more information about specific FLVS FT services and eligibility guidelines for enrollment, visit www.connectionsacademy.com/FLVSFT or call 877-500-FLVS (3587).

We encourage all kindergarten to eighth grade prospective families to attend an upcoming information session to get a feel for what to expect and what is involved in online learning to best determine if it would be a good fit for their student." said Trombino.

Florida Virtual School Full Time will host free in-person parent information sessions for interested kindergarten to eighth grade families to learn more. High school age children should call the school for relevant sessions. For those unable

to attend an in-person session, real-time interactive online information sessions and an on-demand session accessible 24/7 are also available for families. The information sessions provide an opportunity for families to learn more about the virtual school, review the school's curriculum, and ask questions of teachers and school representatives.

Parent Ellie Baltodano of Naples said, "'Virtual public school?' I thought to myself; 'What is that?' I was certainly curious. My thoughts: high quality, homebased, accredited and free. It seemed too good to be true. Would it have the challenging curriculum that we were looking for? We are in our sixth year with FLVS FT, and we plan to remain in the program until graduation day. Does the program give our children a challenging curriculum? The answer, of course, is an overwhelming yes!"

Learning from home, all FLVS FT students work closely with a parent, or another "Learning Coach" and a certi-

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fied Florida teacher using detailed daily lesson plans that can be personalized to meet individual student needs. Interaction between teachers and students at FLVS FT is frequent. Accountability is central to the school's mission and students must meet the same levels of accountability and complete the same state standardized tests as they would in traditional public school. FLVS FT serves a wide range of Florida students, including those who are significantly ahead or behind in the classroom, students who would benefit from more individualized instruction or those who require a flexible school schedule.3

Airport April Traffic Reports

uring April, 902,669 passengers traveled through Southwest Florida International Airport, an increase of 4.3 percent compared to April 2014. Year-to-date, passenger traffic is up 5.2 percent from the same period last year.

The traffic leader in April was Southwest with 195,489 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Delta (193,248), JetBlue (108,719), US Airways (102,581) and United (87,047).

Southwest Florida International Airport had 8,255 aircraft movements (takeoffs and landings), an increase of 2.6 percent compared to April 2014. Page Field saw 9,662 movements, a 3.9 percent increase from April 2014. In addition, more than 2.7 million pounds of air freight moved through Southwest Florida International Airport in April 2015, a decrease of 6 percent compared to April 2014.

Southwest Florida International Airport served more than 7.9 million passengers in 2014 and is one of the top 50 U.S. airports for passenger traffic. No ad valorem (property) taxes are used for airport operation or construction. For more information, visit www.flylcpa.com or Like Us on Facebook at www.facebook. com/flyRSW.袋



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Premier Sotheby's



Sanibel Recreation Center's Summer Camp will return to Tropicana Field to see the Tampa Bay Rays take on the Cleveland Indians on July 2

photos by Jeff Lysiak

Rec Center Ready For Busy Summer Camp

by Jeff Lysiak

The last day of school may be two weeks away, but the staff of the Sanibel Recreation Department is already preparing for a very busy summer for youngsters filled with specialty programs and activities, field trips to unique destinations and as much fun as one could possibly fit into an 11-week schedule. "Our programs have always tried to incorporate a range of active and passive activities that accommodate camper age and ability," said Dave DeFonzo, youth program supervisor. "As recent summers have grown in vacation length, so too has the challenge to find new and creative programming in and around our area. Our main goal is to provide campers with summer time excitement in a safe and friendly environment."

The Sanibel Recreation Center's popular Summer Day Camp will run from Monday, June 8 through Friday, August 21. The camp is offered to children entering first through eighth grades and will operate Monday through Friday from



Archery will again be offered on Wednesday mornings for grades six through eight



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Campers in grades four through eight will receive weekly instruction at The Sanctuary Golf Club on Wednesdays

8 a.m. to 5 p.m.

Campers will participate in activities such as swimming, arts and crafts and athletics as well as a variety of games. Special guests, along with an enhanced field trip itinerary, will also be a part of the action.

"Friday events and shows are always a big hit with the kids at summer camp, and this year we will host Bubble Soccer as a new addition," said DeFonzo.

The all-inclusive specialty programs include:

Grades 1 to 3 - Moves & Grooves, swimming and Southern Snoballs (Mondays); Tennis, snorkeling, horseback riding, basketball or swimming (Tuesdays); Off-island field trips (Wednesdays); Pontoon boat rides, gymnastics and swimming (Thursdays); Arts & Crafts, swimming and special events (Fridays).

Grades 4 and 5 - Moves & Grooves, fishing, swimming and Southern Snoballs (Mondays); Kayaking, swimming and basketball (Tuesdays); Golfing, swimming and scheduled activities (Wednesdays); Off-island field trips (Thursdays); Arts & Crafts, swimming and special entertainment (Fridays).

Grades 6 to 8 – Moves & Grooves, live action DJ workshop, swimming and Southern Snoballs (Mondays); Paddleboarding, swimming and scheduled activities (Tuesdays); Golfing, archery,

swimming and pickleball (Wednesdays); Off-island field trips (Thursdays); Sailing, swimming and special entertainment (Fridavs).

As part of the registration fee, breakfast and lunch will be provided daily as well as an all-inclusive weekly field trip itinerary. Campers should bring a swimsuit, towel and sunscreen daily.

This year's off-island field trips will include:

• Wednesdays (grades 1 to 3) – Alico Golf in Fort Myers on June 10, Muscle Car City in Punta Gorda on June 17, Fort Myers Miracle Baseball Splash Day on June 24, MOSI Museum in Tampa on July 1, Sky Zone Trampoline Park on July 8, Miccosukee Village airboat ride on July 15, bowling in Fort Myers on July 22, Babcock Ranch Wilderness Tour on July 29, Aladdin at Broadway Palm on August 5, Naples Zoo on August 12 and Zoomers in Fort Myers on August 19.

 Thursdays (grades 4 to 8) – Alico Golf in Fort Myers on June 11, SunSplash in Cape Coral on June 18, Southwest Florida Museum of History in Fort Myers on June 25, Tampa Bay Rays at Tropicana Field on July 2, Sky Zone Trampoline Park on July 9, Sun & Fun Lagoon in Naples on July 16, bowling in Fort Myers on July 23, Bamboozles Skate Park on July 30, Footloose at Broadway Palm on August 6, Adventure Island Water Park in Tampa on August 13 and Zoomers in Fort Myers on August 20.

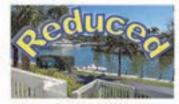
 Friday Special Events & Guests – Magic Show on June 12, Tidal Wave Water Slide on June 19, Big Kahuna



John Storms' World of Reptiles Show returns on August 7

Water Slide on June 26, Wipe Out Water Slide on July 3, Petland Animal Show on July 10, Inflatable Obstacle Course on July 17, SWFL Bubble Soccer on July 24, Double Slip & Slide Water Tunnel on July 31, John Storms' World of Reptiles Show on August 7, Super Wild Rapids Water Slide on August 14 and Full Face Paint Balloon Art on August 21.

Snorkeling will be a new addition to the lineup and will include some off site visits to local beaches," added DeFonzo. continued on page 47



Overlooking Waterway Remodeled Mariner Pointe 2 bedrm w/this view from



Mariner Pointe Ground-level 2 bedrm w/ bay & canal views, plus remodeled kitchen. \$499K



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remodeled kitchen, baths,



Sundial #R401, top-floor

corner remodeled 2 bedrm

w/den & income, \$849K

Shell Harbor Lot

Over 1/2 acre wrapping around the corner at 837 Limpet Dr. Beach access w/parking. \$749K



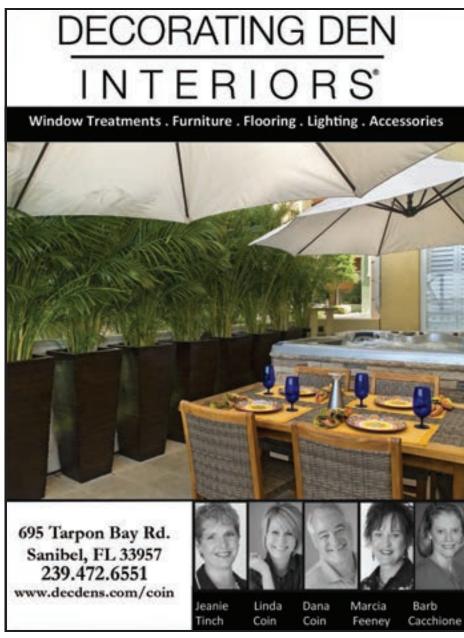
Florida Burn Pennant and Elite Squad Prime, two of the top travel baseball teams in the country, competed in the Perfect Game WWBA East Memorial Day Classic Championship in 2014 at JetBlue Park in Fort Myers. This year, the East Memorial Day Classic will bring about 200 teams in three different age groups to Lee County over Memorial Day weekend.

Lee County To Host Perfect Game Memorial Day Classic Events

Description of the team of team of

The Memorial Day Classic is expected to have a significant economic impact for Lee County, with 8,000 room nights, \$35,000 in resort taxes collected and \$2.9 million in total economic impact, according to Jeff Mielke, executive director for Lee County Sports Development. Last October, Lee County hosted Perfect Game's WWBA Underclass World Championship, which brought 230 teams from around the country.

"We're excited to host Perfect Game's Memorial Day Classic," Mielke said. "With top-quality facilities like JetBlue Park, the newly renovated CenturyLink Sports Complex, the Lee County Player Development Complex, City of Palms Park and Terry Park, along with great hotel options and an endless number of activities for visi-



tors, Lee County is among Florida's best locations for high school and college baseball tournaments."

Games begin at 4 p.m. Friday, May 22. A daily pass, with admittance to all games during that day, is available for \$10, and an All-Tournament Pass is available for \$25. Children 14 and younger are free. For more information, visit www.perfectgame.org.*

SPORTS QUIZ

- 1. Between 2003 and 2014, only two National League pitchers tossed more than 250 innings in a season. Name them.
- 2. In what year did Hank Aaron hit the first of his 755 career major-league home runs?3. How many seasons has New Orleans Saints quarterback Drew Brees thrown for 5,000
- yards?4. When was the last time that the University of Virginia men's basketball team reached
- 4. When was the last time that the University of Virginia men's basketball team reached the NCAA Tournament's Elite Eight?
- 5. How many combined Stanley Cup titles did Montreal's Jean Beliveau win as a player and a team executive?
- 6. In 2014, Germany's Miroslav Klose set a World Cup record for most career goals (16). Who had held the mark of 15?
- 7. Two horses hold the modern North American racing record of 16 consecutive victories. Name them.

ANSWERS

1. Montreal's Livan Hernandez (255 innings in 2004) and Philadelphia's Roy Halladay (250.2 in 2010). 2. It was 1954. 3. Four times (2008, '11, '12, '13). 4. It was 1995. 5. Seventeen Stanley Cups. 6. Brazil's Ronaldo. 7. Citation (1948-50) and Cigar (1994-96).





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- 3BR/2BA + den in Colonial Shores
- · Exterior painted in 2014, granite kitchen tops
- Gated, community pool, clubhouse
- Close to beaches & shopping

• \$394,900 (2150528)

Glen Simmons/Tina DiCharia 472-5187 x 332/259

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- Renovated 2BR/2BA + den condo
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• \$739,000 (2150527) Jim Hall 472-5187 x 215

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 - Janie Howland 472-5187 x 268

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Debbie Ringdahl 472-5187 x 269



IDEAL NEAR BEACH HOME



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Dan Cohn 472-5187 x 294

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· Good location, motivated owner

Sally DiVenere 472-5187 x 222

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• Priced to sell 85 X 134 lot

• Very spacious 3/2 home

· Hugh bi-level caged pool

• \$805.000 (2131058)

· Near beach with lots of privacy

all properties

• Roof top deck offers outstanding sunsets!

Cathy and Fred Gerasin 472-5187 x 236/232

• \$3,300 (2141327)

Winning Baseball Mientkiewicz Brought To Fort Myers Repeating At Cháttanooga



by Ed Frank

Tf you're a local fan of the Fort Myers Miracle baseball team, you will remember just last season when Doug Mientkiewicz managed the Miracle to their first Florida State League Championship in the franchise's 22-year history.

That title came in just his second year of managing experience, but obviously Minnesota Twins general manager Terry Ryan recognized the baseball smarts of this former Major Leaguer when he plucked him from a low-level job in the Los Angeles Dodgers organization for the Miracle managership.

In fact, when Ryan fired Twins manager Ron Gardenhire at the end of last season, Mientkiewicz was a finalist for that job that ultimately went to Paul Molitor. Instead, Mientkiewicz was

promoted to manager of the Twins Double-A Chattanooga, where several of the Twins top prospects are playing, including their top two: third baseman Miquel Sano and centerfielder Byron Buxton.

And Mientkiewicz already has his Chattanooga Lookouts atop the Southern League's North Division with a 23-15 season record early this week.

This is the first year in Chattanooga for the Twins Double-A farm team, having moved there from New Britain, Connecticut. Chattanooga is rich in baseball history as professional baseball has been played there for nearly 130 years. Its alumni include some of baseball's greatest such as Rogers Hornsby, Ferguson Jenkins, Harmon Killebrew and Satchel Paige.

At least four first round draft selections of the Twins are under Mientkiewicz's tutelage at Chattanooga: Buxton, pitchers Jose Berrios and Alex Wimmers and secondbaseman Levi Michael. Buxton was recently named Southern League Player of the Week and Berrios Pitcher of the Week.

Both Buxton and Sano missed major portions of the last two seasons due to injuries and, according to Brad Steil, director of minor league operations, they will require significant time to return to top form. Sano and Buxton have played in nearly every game this season for the Lookouts.

Two additional names familiar to local fans are Max Kepler and Adam Brett Walker, who played starring roles in the Miracle's 2014 championship, and both are now playing for Mientkiewicz in Chattanooga.



Enjoy unobstructed golf course views from this 3BR/2BA with Large Heated Pool. Deeded Beach Access near Causeway. Call for private showing.



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Kepler, a native of Germany, attended Fort Myers South High School, and is the son of two professional ballet dancers in Berlin. The centerfielder was batting .326 with a .500 slugging percentage for the Lookouts as the week began.

Walker, with a .519 slugging average, leads the team with nine home runs. Yes, there are close ties between the Miracle, Chattanooga and Mientkiewicz – and

the importance of Mientkiewicz's job to the future of the parent Minnesota Twins. Many feel that one day in the not-too-distant future Mientkiewicz will be managing a Major League team, if not the Twins then another.

Miracle Nearing .500 Record

The Fort Myers Miracle began the week winning two in a row and improving their season record to 18-20, a fourth place standing in the Florida State League South Division.

The team began a six-game home stand on Tuesday hosting Bradenton for two games and Brevard County Thursday through Sunday.

A Memorial Day Weekend fireworks show will follow Saturday's 6:05 p.m. game at Hammond Stadium.

An early season star for the Miracle is pitcher Chih-Wei-Hu from Taiwan, who leads the team - and the FSL - with a sparkling 4-0 record and a tiny 1.03 ERA. If he continues that pace, he will likely move up to Double-A Chattanooga sometime during the season.☆

Got A Problem? Dr. Connie Is In by Constance



A: It's one thing to have realistic expectations, and another to want this sort of magical person

Q: I have been

who you expect to be perfect. Perfection does not exist and if that is what you are looking for, you will end up disappointed in every relationship.

We all have our gifts and non-strengths. Part of what attracts us to others is our responsibility of knowing who we are and what our needs are, including articulating them to someone else. Once we are clear, we can expect that we will attract someone who is like-minded and compatible.

I suggest that you become clear with what you are wanting in a healthy relationship and communicate that to potential partners. Take responsibility for your role in being realistic and accepting people for who they are. You will know continued on page 47

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Summer Youth Basketball Camp

The Sanibel Recreation Center will be hosting a Summer Youth Basketball Camp provided by Reed Baker's Nothing But Net Basketball Camp from June 29 through July 2. The camp is for both boys and girls ages 9 to 14. Campers will focus on shooting form and technique, ball handling, passing, fast breaks and other fundamentals while having a great time and making new friends. Camp hours are Monday through Thursday from 10 a.m. to 2 p.m.

The fee is \$105 per child for the week for Sanibel Recreation Center members and \$137.50 per child for the week for non-members. Campers will need to pack a lunch each day. For more information, call Reed Baker at 250-6511 or e-mail NothingButNetBball@yahoo.com.

Before and after care will be available from 8 to 10 a.m. and 2 to 5 p.m. at the Sanibel Recreation Center for \$89.25 per child for the week. Register in advance at the front desk.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com. \updownarrow

Sanibel Night With Florida Tarpons

The Sanibel Recreation Center is hosting Sanibel Night at the Florida Tarpons arena football game on Saturday, June 6. Game time is 7:30 p.m. versus the Cape Fear Heroes at Germain Arena. Tickets are \$14.25 per person. To get this group rate, purchase your tickets at the Sanibel Recreation Center by June 3. For more information, call 472-0345.

The Sanibel Recreation Center is at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. Visit www.mysanibel.com.

From page 43

Summer Camp

"Sailing will be offered as a weekly activity so more campers can attend throughout the entire summer."

Weekly camper fees vary from \$89.25 (members) and \$115.50 (non-members) for early bird registrants to \$107.25 (members) and \$138.75 (non-members); call 472-0345 for registration dates and fees. Financial assistance is also available to qualifying

families. "Summer camp is an all-inclusive program which lets all participants sample from a variety of activities that they otherwise may not have the opportunity to do." said

a variety of activities that they otherwise may not have the opportunity to do," said DeFonzo.

From apge 46

Dr. Connie

whether you want to pursue this or decide that this person is not what you are looking for in a mate.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.



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Sanibel Captiva Trust Company Dealing With Alzheimer's



by Steven V. Greenstein, Executive Vice President, The Sanibel Captiva Trust Company

ore than five million Americans, age 65 and older, have Alzheimer's disease, a progres-

sive and irreversible brain disorder that destroys memory and other cognitive skills. The time from diagnosis to death in Alzheimer's patients can vary – from as little as three years if diagnosed at age 80 and above, to as much as 10 years or more for those diagnosed in their 60's. Early warning signs to look for are poor judgment, unusual behavior, difficulty remembering things, withdrawal from social activities, mood changes and disorientation.

Financial, legal and medical experts all encourage those who have been recently diagnosed with Alzheimer's disease to update their estate documents as soon as possible. Complications from the disease will gradually affect a person's ability to participate meaningfully in the decisionmaking process, making early estate and

financial planning even more important. Advance directives for financial and estate planning must be created while the person still has legal capacity, and everyone should move quickly to update or prepare some or all of these financial and estate documents: a will, to provide for distribution of assets upon death; a durable power of attorney for finances, to help avoid future court actions; and a living trust, to hold title to property and assets for the beneficiaries once a person can no longer manage his or her own affairs. There are also advance directives for health care, including such documents as a living will, to record a person's wishes for medical treatment near the end of life; a durable power of attorney for health care, to designate a person to make health care decisions; and a "do not resuscitate" (or DNR) order, instructing health care professionals not to perform CPR if the heart or breathing stops. Access to private medical information is closely regulated by the federal Health Insurance Portability and Accountability Act, so a person must clearly state in writing who is authorized to see or read their personal medical records.

Paying for care is also a big concern as Alzheimer's disease progresses, and involves ongoing financial planning and consultations with your advisors. Common-care costs can include continuing medical treatment and doctor visits, medical equipment, home safety modifications, prescription drugs, and eventually in-home care services or full-time



residential care services outside the home. Many of these costs are not covered by Medicare. The average cost of caring for an earlier-stage patient at home is \$56,800 per year, plus an average of \$7,000 per year to family members who are also providing care-giving services. For late-stage patients, in-home roundthe-clock health aides or assisted living facilities, combined with other ancillary costs, can easily exceed \$100,000 per year.

Alzheimer's is a terrible, degenerative and fatal disease that can rob an individual of a lifetime of memories and a lifetime of savings. With the help of financial, legal and medical professionals, having

Superior Interiors Lights! Camera! Action! by Barb Cacchione



W sun sets and the lights are turned on in your rooms, do you see dark corners, or too much brightness? Lighting is a functional yet wonderful way to accessorize

Then the

your room. But the amount of light needed to make the room useable – by day or night, is often a homeowner's greatest dilemma.

Interior lighting falls into three basic categories. Mixing these types of lighting into your room's overall design plan will definitely add drama and ambiance.

General lighting: This type of lighting is considered "indirect." Lighting such as track lighting or chandeliers would fall into this overall category. This type of a plan in place for the future can ease some of the family's agony, stress and uncertainty.

The Sanibel Captiva Trust Company is an independent trust company with \$1.35 billion in assets under management that provides wealth management services including investment management, trust administration and financial counsel to high net worth individuals, families, businesses, foundations and endowments. Each portfolio is separately managed and customized specifically to the client's yield and cash-flow requirements. Visit www.sancaptrustco.com for more information.**

lighting bounces off walls and ceilings and provides an overall, general illumination to your rooms.

Task Lighting: This type of lighting does exactly what it says – provides the necessary illumination for specific tasks or jobs you enjoy doing in your rooms, such as reading, cooking, hobbies or computer work. Pendant lamps over a kitchen countertop would be a definite asset if cooking is your passion. An attractive table lamp would be the perfect choice for the avid reader.

Accent Lighting: This type of lighting is purely decorative. Perhaps a uniquely designed torchiere lamp would provide the perfect "up" light for a dark corner. Accent lighting is generally placed in a room to call attention to the room's appealing aspects.

With the myriad of lighting choices available today, there is simply no need to be in the dark about lighting. With the right lighting plan, you can make even an average room look spectacular, disguise flaws and emphasize assets.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecden.com.\$\$

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The ribbon-cutting for Bailey's Marketplace at Sundial Resort took place on May 12

Bailey's Marketplace At Sundial Has Been Successful Since Opening

by Jeff Lysiak

🕐 anibel Island legend and longtime businessman Sam Bailey used to say of his family's landmark grocery, Bailey's General Store, "It we don't have it, you don't need it.

That statement is as true today as the day the supermarket first opened in 1899. So when word came out last year that Bailey's General Store was going to open a second - albeit smaller - location along Sanibel's western thoroughfare, many wondered exactly how much merchandise the business could fit into its new space, located on the property of the Sundial Beach Resort & Spa.

With "a little less than 1,000 square feet" available, General Manager Richard Johnson wondered as well. But then he thought about something his father-in-law, Francis Bailey, told him about the original store when it was located on San Carlos Bay.

'Francis told me that at that store, they used every square inch of space," said Johnson. "So this new location sort of simulates that."

Opened on February 1 of this year, Bailey's Marketplace at Sundial Resort offers customers "a little bit of everything." From fresh baked goods and gourmet coffees to snacks, sweets and everyday grocery items, the store's early success can be attributed to simply following the businesses' long-standing philosophy: To provide an outstanding customer experience through quality products, personalized service and value every day. "Honestly, we didn't know what to expect here," Johnson said. "The other store



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photos by Jeff Lysiak



Bailey's Marketplace at Sundial Resort employees Ashley Aiello and Grace Bauknecht with General Manager Richard Johnson

we've been running for 115 years, so we kinda knew what we should expect. But we really came in with no expectations other than to present a positive customer experience

Bailey's Marketplace is packed from floor to ceiling with fresh fruits, vegetables and flowers, has refrigerated goods and frozen food sections, a book gallery as well as an assortment of clothing, beach wares and sporting goods.

"We are working hard to figure out what things people are looking for," added Johnson. "Some of our most popular items are the Bailey's labeled products - salad dressings, jellies, jams and salsas. But we're also selling a lot of apparel and beach cover-ups, too.

In addition, the store features a variety of books written by local authors, most notably the autobiographies of Sam Bailey and Francis Bailey. Others included in the gallery include Charles Sobczak, Randy Wayne White, Christine Lemmon and Yvonne Hill.

Since the new location opened three months ago, Johnson reported that he's heard lots of positive feedback, with several customers saying that Bailey's Marketplace is "more convenient" for them than the main location.

The support we've received from the residents here at the Sundial has been terrific," he noted. "One woman even told me, 'I've been waiting 20 years for you to open here.' And I told her, 'Well, we're here now.' We're looking forward to being a part of the Sundial family for a long period of time... it just feels right.'

Johnson then reiterated the basic thought behind the businesses' ideology. "We've worked very hard to build a solid staff who always puts the customers first," he said. "I like to use the term 'BBF' which stands for Bailey's Business Family. It's not just a job or a career - when you work here, you actually join the family.

continued on page 52



Customers may select from an assortment of baked goods, prepackaged sandwiches and salads and gourmet coffees

FGCU Event Recognizes High School Seniors

More than 150 high school seniors from the local area were recognized during a special Parent and Student Workshop on May 5 at Broadway Palm Dinner Theatre. The students are members of the Florida Gulf Coast University (FGCU) Office of Outreach Programs: College Reach-Out Program (CROP) or Scholars Program. Both programs focus on preparing students for college.

Over 95 percent of students in attendance indicated that they have postsecondary plans in place. Twenty-four of the students plan to attend FGCU in the fall with another 68 heading to Florida SouthWestern State College. Thirty plan to enroll at other public institutions across the state, including the University of Florida and the University of South Florida. With the help of the Outreach Programs, four seniors have been accepted at highly selective schools: Duke, Cornell, Princeton and Notre Dame. Other seniors will be attending private or out-of-state colleges or universities.

This year's event provided a venue where the seniors, parents and staff could interact and share their experiences. Many of these students have been in the FGCU Outreach Programs since elementary school. All of the seniors in attendance who plan to enroll at FGCU in fall 2015, or transfer in at a later date, qualified for a \$250 book scholarship.

The highlight of the evening was the presentation of kente scarves, academic stoles which the Outreach students wear during their high school graduation ceremony. The FGCU Outreach Programs' Scholars Advisors and CROP Coordinators representing the public school on-site programs were given the honor of placing the kente scarves on their seniors. The event closed with a performance by members of the community-based Nations Association Scholars Program.

The Scholars Program enrolls minority and "at-risk" students at public elementary, middle, high schools and local agencies. Membership is open to all students who embrace the Scholars Program's philosophy and ideals of academic excellence, leadership, service and citizenship. The Scholars Program is funded through FGCU and local grants. There are currently 25 programs covering a five-county area, serving over 450 students from fourth to 12th grades.

The College Reach-Out Program was established by the Florida Legislature in 1983 in order to identify, motivate and prepare disadvantaged middle and high school students to complete postsecondary education. The purpose of the program is to increase the number of low income, first generation college attendees across the state. The College Reach-Out Program is funded by a grant from the Florida Department of Education through the Office of Post-Secondary Education and Florida Gulf Coast University. The CROP program is currently active in 25 middle and high schools in Lee, Hendry, Collier and Glades counties, and serves over 600 students throughout the year.

ISLAND SUN BUSINESS NEWSMAKERS



Robin Humphrey and Martha Smith

Top Producers

Humphrey and Martha Smith were recognized as the top sales agents at VIP REalty Group.

In addition, Keith McMenamy was recognized as the top listing agent while Glenn Carretta was recognized as the top producing agent.





Keith McMenamy





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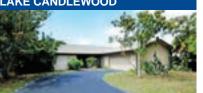
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Lee Memorial Hosting National Senior Health And Fitness Day

ee Memorial Health System (LMHS) will join the 22nd annual National Senior Health & Fitness Day celebration on May 27, titled If You Keep Moving, You'll Keep Improving. The goal of this annual event is to inspire and help keep older Americans healthy and fit. LMHS will host the following free events:

Wellness Center - Cape Coral

10 a.m. to 12 p.m.

- Members are invited to bring guests free of charge
- Cardio Dance demonstration
- Pickleball demonstration
- Senior FIT classes (land and aqua) highlighted all day
- Raffles
- Free fitness testing, including:

Step up fit test (cardiovascular)

Chair sit and reach test (flexibility)

Agility and balance (sensory, motor and cognitive)

- Wellness Center Fort Myers
- 10 a.m. to 12 p.m.
- Members are invited to bring guests free of charge
- Demos of senior fitness classes
- Raffles

• Free fitness testing, including:

Step up fit test (cardiovascular)

Chair sit and reach test (flexibility)

Agility and balance (sensory, motor and cognitive) SHARE Club at the North Fort Myers Recreation Center

Special presentations, including:

• 11:30 a.m., The Wonders of Walking presented by Lindy Smith, Pole Proprietor, Inc.

• 12 p.m., The Basics of Balance and Fall Prevention, presented by Nathalie Grondin, physical therapist

• 12:45 p.m., Complimentary exercise class with Sandy Kerr, group exercise instructor

Health and fitness information, and snacks will be available. All older adults are encouraged to attend, regardless of fitness level. Visit www.leememorial.org for more information.举

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deaRPharmacist If You Think Lyme Is Bad, Meet Babesia



Would you tell a friend or colleague that you thought they had an infection that is almost impossible to cure?

This is what happened to me while

driving to a conference in Orlando, Florida with a colleague who has been suffering with strange and uncomfortable symptoms for many years. Her doctors all continue to misdiagnose her. She shared symptoms which I recognized as hallmark of a protozoal, parasitic infection called Babesia. It infects your blood cells and almost never do conventional docs detect it.

Pressure, pressure. I knew what was wrong with her. I can spot Babesia very quickly because my husband has had it for over 20 years. Tell or don't tell?

Babesia is contracted from bug bites, usually ticks.

I'm encapsulating a 30-minute conversation into this little article.

During the ride, she had a "hot flash" so severe, it fogged my window. She had been told to "not worry" about this, that "it's just menopause" which she went through four years ago. She shared many other symptoms (and FYI, she has allowed me to share her story).

Babesia causes an array of symptoms that change over time. Due to space considerations, I must exclude other common symptoms and treatments for Babesia. For that reason, I've written a more comprehensive version of this article on Lyme and Babesia. To receive that, sign up for my newsletter at SuzyCohen.com. Here are some hallmark symptoms:

Sweats. You might just get forehead droplets, or drench your clothes. This is not a hot flash! The sweats happen anytime, especially at night.

Headaches. Often these occur in the frontal region, or behind the eye and you might get diagnosed with a "sinus head-ache" but it's not.

Air hunger. Seriously frightening, you think you are dying. Often misdiagnosed as a "panic attack" or "asthma." It may also show up as shortness of breath, or frequent yawning.

Thermal dysregulation. It's like you can't get comfortable, you're simultaneously hot, clammy and cold. Deja vu. Insomnia.

Heart palpitations.

Feeling drunk, termed "Babesia drunkenness" or severe brain fog. Neuropathy.

Visual disturbances and blurry vision. Tests for Babesia rarely catch it

because the species aren't all detectable. Only the best doctors can spot this, and offer you a treatment protocol based upon your symptoms and your history. Have you been exposed to ticks through your pets, picnics or camping trips? They don't rely on blood tests.

I don't know of a way to completely eradicate this stealth organism, but I can tell you this: It's much easier to get better if you know you have it!

• If you're dismissed with "meno-pause" or "hot flashes," you are given hormones which don't eliminate the sweats.

• If you are given albuterol for "asthma," it won't help that much. Scary.

Sleep drugs prescribed for insomnia just make you feel like a zombie.

Heart palpitations? No medication will put your heart back into perfect rhythm for long. And pacemakers mask the underlying infection.

You can treat all these symptoms palliatively all you want, but you will find that they are very unresponsive. The discomfort continues. So please make it your goal to reduce Babesia load, and open detoxification pathways. Doing this will allow you to enjoy many years of happiness, comfort and a good life.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

From page 49 Bailey's Marketplace At Sundial

Bailey's Marketplace at Sundial Resort, located at 1451 Middle Gulf Drive on Sanibel, is open seven days a week from 7 a.m. until 8 p.m. On Friday and Saturday, hours are extended until 9 p.m. or - as Johnson says with a smile - "until the last customer is taken care of."

Sundial Resort is undergoing a revitalization process that they hope will bring them back to being the premiere resort on the island, and we're honored to be a part of that," said Johnson, who also noted the success of other property partners like the Sanibel Sea School and Kay Casperson Lifestyle Salon & Spa. "We're not Bailey's on Middle Gulf Drive... we're Bailey's at the Sundial."

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ear **Readers:**

Nurse Joins New Medical Group



Diane St. Pierre

Diane St. Pierre, registered nurse and nurse practitioner, will join Dunavant Medical Group in mid May. St. Pierre brings more than 30 years of healthcare experience to the new Sanibel medical practice.

St. Pierre will serve as a nurse practitioner to Dunavant Medical Group, located at 695 Tarpon Bay Road, Suite #2, scheduled to open this month. St. Pierre's extensive past experience in preventive medicine and chronic illness treatment will play a role in the new Sanibel Medical practice's concentration on family medicine, sports medicine, wellness and urgent care. Recently, St. Pierre served as nurse practitioner at Lee Physician Group. She has also served with Family Health Centers of Southwest Florida, Wound Care of Southwest Florida, Lee Convenient Care, Cape Coral Emergency Physicians Group, and Troast and Associates.

St. Pierre holds a bachelor's degree in science (emphasis in nursing) from the University of Massachusetts, a master's of public health degree from Yale University School of Public Health and a master's of science in nursing from the Yale University School of Nursing. She is an experienced professional and has served thousands of patients across Southwest Florida. She and her family are also active members of the Sanibel community.

"We are thrilled to have Diane join Dunavant Medical Group," said Scott Dunavant, MD. "Her experience in preventive medicine and chronic illness treatment will be a great asset to the Sanibel community."

Dunavant Medical Group is now accepting patients, with the anticipation that most insurances will be accepted. For more information, visit www.dunavantmedicalgroup.com.

Eden Energy Medicine Plumping The Diaphragm Invigorates



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12) In our culture, most of us tend to be shallow breathers, not taking those deep belly breaths that we learn in yoga. By breathing in

such a shallow fashion, it impacts the diaphragm, the horizontal wall of muscle partition between the chest and abdomen that acts as a bellows, forcing oxygen through our body. If not used and exercised to its capacity, it will become tight, lose its rhythm and thus does not function optimally, making you more susceptible to illness and "dis–ease."

Consider the impact on your breathing when sitting on Periwinkle Way for an hour during the high season, especially if you have an appointment. You feel the locking in your chest, perhaps begin to get a headache or experience muscle spasms in some part of your body. This is evidence that your diaphragm is not functioning well. When full, the diaphragm helps pump both subtle energies and oxy-

gen throughout the body. So, if you are experiencing short or shallow breathing; have memory problems; feel distressed or are fearful; have trouble letting go of emotions, ideas or events (i.e. continually rehashing the same issue over and over); experience acid reflux or hiatal hernia; or have a headache, then it is time for this technique to Free the Diaphragm.

Step 1. Place the left hand under the center of your rib cage with the right hand placed directly on top of the left. Pull the elbows close against the body.

Step 2. Inhale deeply and push your upper belly toward the hands while holding the hands firmly against the pressure of your upper belly. Hold the breadth while maintaining the pressure between body and hands. The longer the breadth is held and the more pressure exerted from the body being pushed out to meet the hands the better.

Step 3. When you release the breath, ease the hands. Repeat this process three times

Step 4. On an in breadth, place the right hand around the left side of the waist and, with pressure, pull wide spread fingers toward the navel. Repeat three times. Switch and use the left hand at the right waist. Repeat three times.

Step 5. Sweep the energy from the waist down the legs.

continued on page 54

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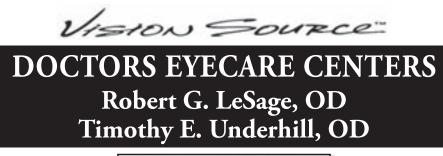
Health System Announces New Leadership Roles



Dave Cato

ee Memorial Health System announced the promotions of Kevin Newingham to chief strategy officer, Dave Cato to chief administrative officer of outpatient services, and Sharon MacDonald, RN, to chief administrative officer of oncology and home health services.

"These adjustments help align senior executive talent to provide leadership clarity and accountability as our organiza-





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Sharon MacDonald

tion continues its evolution from a hospital system to a broader health system focused on developing a more coordinated health care delivery system for the citizens we serve," said Jim Nathan, president and CEO of Lee Memorial Health System. "These adjustments are also intended to help further align ambulatory services into an organized team focused on strengthening clinical integration to improve coordination of care, patient experience and access to services in our community."

Newingham will serve as the health system's chief strategy officer. Along with leading the system's strategic planning efforts, Newingham has senior leadership responsibilities for marketing and communications; media, government and community relations; physician relations and sales; and market research and also serves as the system's link to Lee Community Healthcare. Newingham also chairs the System Strategy Council and the planning for the South Lee medical village project, Lee Memorial at Coconut Point.

From page 53 Plumping The Diaphragm

You have just moved oxygen throughout the body, improved your circulation, enhanced your auric field, pulsed your energy field and restored the horizontal flow of energy around your waist.



Kevin Newingham

Cato will serve as the health system's chief administrative officer of outpatient services. With the growth of outpatient services and the need to strengthen coordination of care, Cato will have senior executive leadership responsibilities for all outpatient services as well as system wide rehabilitation therapies, centralized scheduling, imaging, surgery and property management.

As MacDonald relinquishes her chief foundation officer responsibilities later this year, she will assist in efforts to grow, expand and improve coordination of ambulatory services in a new role as chief administrative officer of oncology and home health services. MacDonald will maintain her senior executive duties with inpatient and outpatient oncology services, cancer navigators, genetic counseling, breast health centers and will add new leadership responsibilities for home health services and effectively linking these services into continuum of care and population health initiatives.

Visit www.leememorial.org for more information.

Have fun with your energy! Next week's topic is Boost Thyroid Resilience with a Thyroid Smoothie.

If you have a question, email Karen Semmelman at SemmEnergyCenter@ gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

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What Is Texting Thumb?



by Ross Hauser, MD and Marion Hauser, MS, RD

The thumb is controlled by nine individual muscles and three nerves that innervate both the hand and the wrist. When compared to the fingers, the thumb moves in a more complex and unique way. The thumb has been called upon by many for its specialized movement abilities to email, find directions, search the Internet, play games, select music and last – but not least – text on our mobile phones. With this unique movement, also comes unique injury.

Due to excessive cell phone usage, the repetitive stress on the thumb causes an injury called Texting Thumb. Individuals with this condition may experience thumb pain and popping. The thumb can be very tender to palpation or touch. Grip strength and thumb range of motion can even decrease.

It's not so much the clicking of buttons on the phone that causes pain or injury, but the constant moving of the thumb back and forth, even though that movement is only about an inch at a time. Continuous cell phone usage can lead to injury of the small tissues that surround the thumb.

While thumbs aren't the most common joint injury we see in our clinic, it is becoming more frequent. You may even know someone experiencing thumb pain or discomfort due to the use of electronics. Texting Thumb is quickly and easily treated with Prolotherapy, a natural injection therapy. Regenerative Medicine techniques provide a great way to stimulate the body to repair by using natural substances that attract blood flow carrying healing cells to areas that otherwise have very little capability to repair once injured. Helping to relieve thumb pain can make a huge difference in someone's life, especially if they work on a computer or do manual labor.

"In the absence of any other proof, the thumb alone would convince me of God's existence." – Sir Isaac Newton

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.^{*}

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am a very active senior woman who is involved in a number of social groups at church and in the community.

One of my jobs involves phoning members to remind them of our meetings and other activities.

I have a problem that is very annoying and I want to share.

No matter what time of day I call, they are not available. Many do not have answering machines, so it requires extra calling. But the ones that are truly annoying are the husbands who refuse to take messages or the ones who take the mes-



sage and forget or won't pass it along. Why are some husbands so mean and miserable or irresponsible? It makes my volunteer job very time-consuming, always having to return so many calls? Dawn

Dear Dawn,

Most men are not accustomed to taking messages and they refuse to take messages in retirement, even for their wives. Others who are willing just seem to get the facts mixed up. Others don't hear, hate to use phones and other senior men may just have forgetfulness due to medicines they are taking, or maybe some have dementia. Living in the senior world is a little different, but younger people also forget to give messages, but they are forgiven because "they are just so busy." *Lizzie*

Dear Dawn,

Annoying, yes... irresponsible, maybe... mean and miserable, not so sure.

From kids to grownups and from business to homes, many phone messages are not given to the appropriate person. It seems to me that it is an occupational or vocational hazard. Focus on the positive; at least you can enjoy a great group of friends and an active social life, unlike many.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.🌣

Our email address is press@islandsunnews.com



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My Stars ★★★★

FOR WEEK OF MAY 25, 2015

ARIES (March 21 to April 19) You might not like some people's idea of a surprise. But you could be in for a pleasant shock when someone finally sends a reply to a request you made so long ago that you almost forgot about it.

TAURUS (April 20 to May 20) It's a time to expect the unexpected. So don't be surprised if a decision that just recently seemed final suddenly opens up and leaves you with another chance to make an important choice.

GEMINI (May 21 to June 20) Taking a different tack on a work project might rankle some colleagues. But the positive results of your innovative course soon speak for themselves. Celebrate with a fun-filled weekend.

CANCER (June 21 to July 22) Meeting new associates can be awkward, even if you're in a high positive phase right now. Best advice: Make them feel comfortable, and you'll soon forget your own discomfort.

LEO (July 23 to August 22) It's a good time for you social Lions to blow-dry your manes, polish your claws and look like the Fabulous Felines you are as you make new friends and influence the influential.

VIRGO (August 23 to September 22) Expectations run especially high this week, and you should feel confident in your abilities to take advantage of what might be offered. A colleague has some advice you might find helpful.

LIBRA (September 23 to October 22) A recent flurry of activity leaves you in need of a little breathing space, and you'd be wise to take it. Close family members should have an explanation about an emergency situation that just passed.

SCORPIO (October 23 to November 21) An insensitive act makes a difficult

situation more so. But try not to waste either your physical or emotional energies in anger. Move on and let others fill the clod in on the facts of life.

SAGITTARIUS (November 22 to December 21) It's a good time to look into that training program or college course you've been considering. You might have a good place to use those sharpened skills sooner rather than later.

CAPRICORN (December 22 to January 19) Education dominates much of your aspect during this week. You might want to start checking out those summer session courses that could help advance your career plans.

AQUARIUS (January 20 to February 18) Progress often comes in fits and starts. But at least you're moving straight ahead with no backsliding. You should soon be able to pick up the pace and reach your goals in due time.

PISCES (February 19 to March 20) Be wary of a deal that gives confusing answers to your questions. Remember: It's always risky swimming in unknown waters, so you need all the help you can get to stay on course.

BORN THIS WEEK: You have a way of bringing people together and creating close friendships wherever you go.

THIS WEEK IN HISTORY

• On May 30, 1806, Revolutionary War veteran and future President Andrew Jackson kills Charles Dickinson in a duel for printing libelous comments about his wife, Rachel. Jackson had married a woman who was not technically divorced, even though her husband had abandoned her.

• On May 28, 1902, Owen Wister's "The Virginian" is published. The book was the first "serious" Western and one of the most influential in the genre. It became a sensation almost overnight, selling more than 1.5 million copies by 1938 and inspiring four movies and a Broadway play.

• On May 26, 1927, Henry Ford and his son Edsel drive the 15 millionth Model T Ford out of their factory on the final day of production. The Model T had a 20-horsepower, four-cylinder engine and could travel up to 45 mph.

• On May 29, 1953, Edmund Hillary of New Zealand and Tenzing Norgay, a Sherpa of Nepal, become the first explorers to reach the summit of Mount Everest. News of their achievement broke around the world on June 2, the day of Queen Elizabeth II's coronation.

• On May 31, 1962, in Israel, Nazi SS officer Adolf Eichmann is executed for his crimes against humanity during World War II. Following the war, Eichmann was captured by U.S. troops, but escaped before having to face the Nuremberg War Crimes Tribunal. Eichmann fled to Argentina, where he was found by agents of the Mossad, Israel's intelligence service.

• On May 25, 1977, the first of George Lucas' blockbuster Star Wars movies hits U.S. theaters. Star Wars was soon a pop-culture phenomenon. Over the years it has spawned more feature films, TV series and an entire industry's worth of comic books, toys and video games.

• On May 27, 1994, two decades after being expelled from the Soviet Union, Nobel laureate Aleksandr Solzhenitsyn returns to Russia. In 1945, Solzhenitsyn was sentenced to eight years of hard labor for criticizing Stalin in a letter to a friend. Foreign publication of his "One Day in the Life of Ivan Denisovich" led to his expulsion from the USSR in 1974.

STRANGE BUT TRUE

• It was noted educator and civil-rights activist W.E.B. DuBois who made the following sage observation: "The theory of

democratic government is not that the will of the people is always right, but rather that normal human beings of average intelligence will, if given a chance, learn the right and best course by bitter experience."

• Before he became famous as the creator of "Star Trek," Gene Roddenberry was a beat cop for the LAPD. He even wrote speeches for legendary Los Angeles police Chief William H. Parker.

• In a recent article in medical journal The Lancet Psychology, researchers claim that listening to hip-hop music can help alleviate symptoms of depression. It seems that aspirational lyrics that speak of overcoming hardship and picturing a better future, such as owning expensive cars, can provide an uplift to listeners.

• The U.S.S. Iowa holds the distinction of being the only American naval ship to have a bathtub.

• You might be surprised to learn that light doesn't always travel at the speed of light. When traveling through an atomic gas that is approaching absolute zero in temperature, light can move as slowly as 38 mph.

• Domestic diva Martha Stewart has been struck by lightning three times.

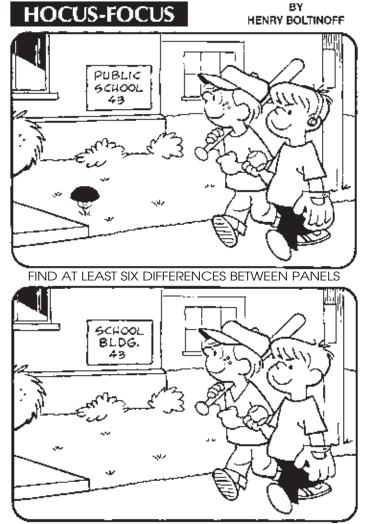
• A law in Hawaii forbids a person to put a coin in his or her ear. There's no word on the legality of performing a magic trick that simply makes it appear that a coin has been put in an ear.

• If you're one of those people who slows down to see a car accident or can't resist watching scary movies, you suffer from cacospectomania -- the compulsive desire to look at something that horrifies you.

THOUGHT FOR THE DAY

"I have not failed. I've just found 10,000 ways that won't work." -- Thomas Alva Edison





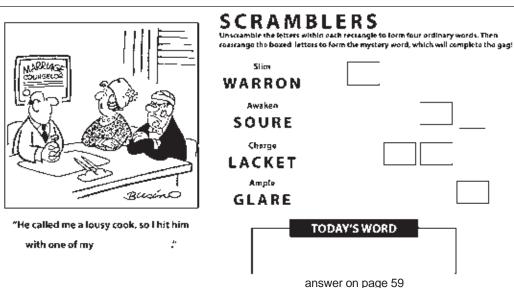
. Oxflorences: 1. Window is higher. 2. Sign is different. 3. Lawn light is missing. 4. Neokilne is different. 5. Hosdaet is missing. 6. Glove is different.

PROFESSIONAL DIRECTORY

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SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 59



Leigh Klein - Owner Sanibel, FL

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58 LISLAND SUN - MAY 22, 2015 Top 10 Real Estate Sales

Development	City	Square Footage	Listing Price	Selling Price	Year Built	Days On Market
Spring Ridge	Bonita Springs	5,119	\$2,100,000	\$1,800,000	2003	80
Edgewater	Fort Myers	3,954	\$1,199,000	\$990,000	1997	14
Cape Coral	Cape Coral	2,730	\$915,000	\$885,000	2014	13
Grande Estates	Estero	3,182	\$900,000	\$870,000	2006	415
Arezzo	Bonita Springs	3,511	\$895,000	\$865,000	2006	151
Mossy Glen	Fort Myers	2,735	\$775,000	\$730,000	2005	156
Cape Coral	Cape Coral	3,307	\$780,000	\$725,000	2006	171
Glenview At Shadow Wood	Bonita Springs	3,092	\$749,000	\$725,000	2002	60
Ginger Pointe	Bonita Springs	2,691	\$732,000	\$723,000	2001	24
Palm Acres First Addition	Fort Myers	2,531	\$699,000	\$680,000	1999	114

NOW HERE'S A TIP

• Last month's Earth Day got me thinking about how many plastic bottled beverages my family goes through. I have found six glass reusable bottles that can be run through the dishwasher, and I store them in the refrigerator in a cardboard six-pack holder. I still want the convenience of grabbing a bottle of water from the fridge, but I feel better knowing that I'm not contributing to a plastic problem." -- JoAnn • Using ice-cold sour cream instead of ice-cold

water in your pie crust recipe will give you a flakier crust."If you love to burn candles as much as I do, consider storing them in the refrigerator for a day

or so before burning them. I swear, it makes them burn evenly. Someone told me this once, and I tried it and have been doing it ever since. No more crooked candles." -- J.L. in Tennessee • When traveling for more than a few days, stick

your plants into the bathtub with a little bit of water. They'll soak it up, and you won't have to have someone come over and water your plants. This will only work for a week at most, though."

J.M. in Louisiana
Kitchen remodels can be expensive, but when your kitchen isn't usable, that's even more of an

expense. Instead of opting for takeout food, set up an alternate kitchen to save money. A microwave, toaster oven, coffee pot and a small dorm-style fridge can take care of a lot of your needs in the short term.

Courtesy of Royal Shell Real Estate

• Planning on putting in some new plants or sprucing up your garden this spring? Check with your town's yard-waste recycling center about free mulch or compost. Many facilities offer these to their residents.



IN DRIVEWAY SERVICES

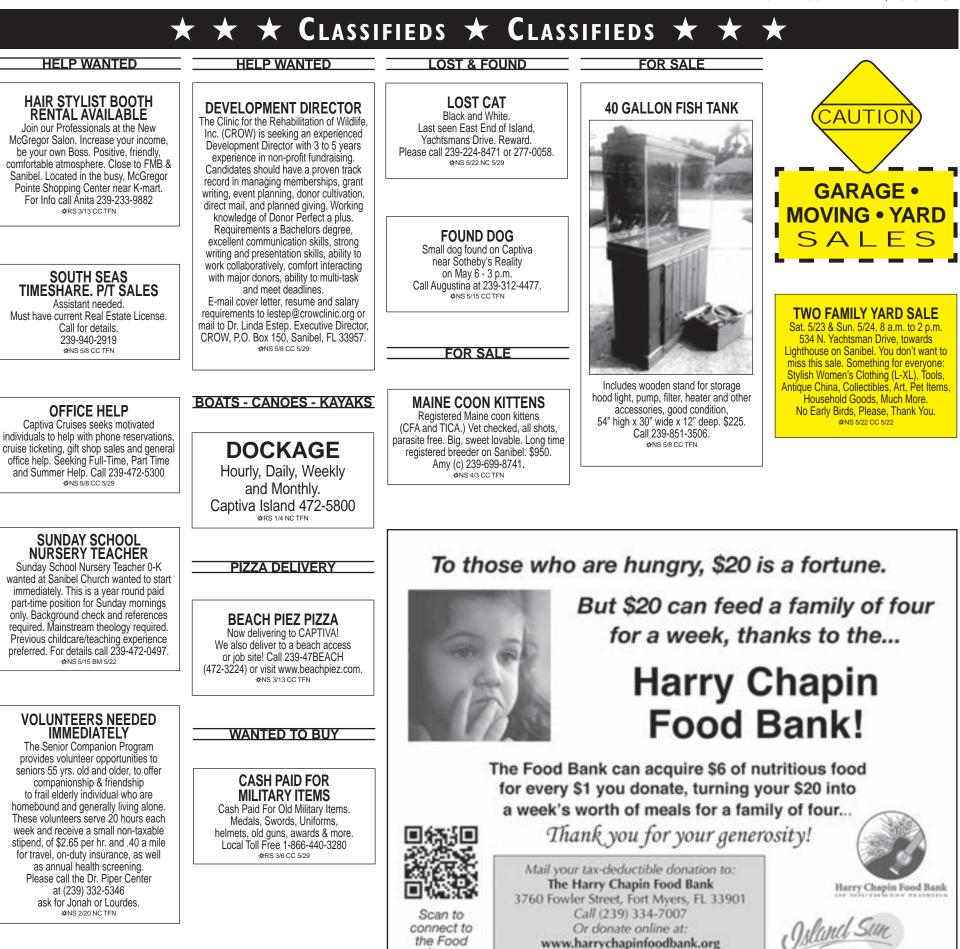
PUZZLE ANSWERS

FUZZLE ANSWERS																	
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Bank!

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Pets Of The Week

Vivian is an elegant name but I'm a simple girl. If you've never had a Chihuahua, I just might be the perfect starter dog. My breed is comical, entertaining and loyal. You will find that I'm confident, social and peppy, but quiet. Try me, you'll love me. My adoption fee is \$75.

Hi, my name is Romeo and now is a great time to add a kitten or two to your family. Lots of us little ones are arriving at the shelter and, needless to say, we are all adorable but have unique personalities. If you adopt any cat or kitten, you can take home a second one free. Adoption fee is \$75 (get \$20 of the fee when you donate an item for kitten care during Animal Services' Spring Fever adoption promotion).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet

antee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

PAWS Of Sanibel

Felix the cat is a wonderful, wonderful cat. Felix was found at the end of March at Periwinkle Place.

His combo test was negative, he's been neutered and had all his shots. The poor guy had a complication with his neuter surgery but recovered quickly and is ready for a new home. He is a young adult, somewhere around 3 and 4 years old. He is being boarded at Coral Vet and is ready to get out of his cage and into your home. Make this little boy your own.

If you can help by fostering Felix, or if you're interested in adopting him, contact Pam at PAWS, 472-4823.[‡]



Vivian ID# 619571



Romeo ID# 617263





CALLING CARD 239-395-1213

Emergency
Sanibel Police
Lee County Sheriff's Office
On Call Captiva Deputy 477-1000
Fire Department - Sanibel. 472-5525
Fire Department - Captiva
Florida Marine Patrol
Florida Highway Patrol 278-7100
Poison Control
Chamber of Commerce
City of Sanibel
Administrative Office
Building Department
Community Housing and Resources
Planning Department
Library - Sanibel
Library Contine 020 522 4000
Library - Captiva
Post Office - Sanibel 472-1573
Post Office - Sanibel (toll free)800-275-8777
Post Office - Captiva
Sanibel Community Association
Center 4 Life - Senior Center
ARTS
Arcade Theater
Art League Of Fort Myers
BIG ARTS - Barrier Island Group for the Arts
Broadway Palm Dinner Theatre
Broadway Paim Dinner Theatre
Fort Myers Symphonic Mastersingers 288-2535
Gulf Coast Symphony 472-6197
Lee County Alliance for the Arts
Naples Philharmonic
The Herb Strauss Schoolhouse Theater
Sanibel Music Festival
Sanibel-Captiva Art League
SW Florida Symphony
CLUBS & ORGANIZATIONS
ABWA - American Business Women's Assoc
American Legion Post 123 472-9979
Angel Flight SE 1-877-4AN-ANGEL
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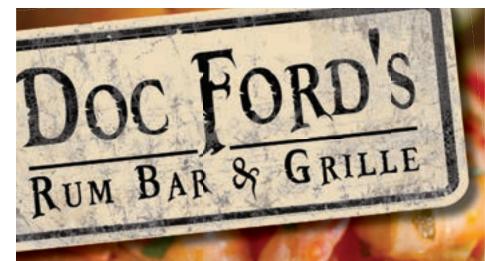
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